

Sarah K. Bowen

Office for Research and Engagement
Campus Box 8115
James B. Hunt Library, 1070 Partners Way
#5139
Raleigh, NC 27695-8115

(919) 513-1834
sarah_bowen@ncsu.edu
<https://orcid.org/0000-0001-7020-0524>

ADMINISTRATIVE POSITIONS

Associate Dean for Research and Engagement , College of Humanities and Social Sciences, North Carolina State University, Raleigh, North Carolina	2025-present
Director of Graduate Program in Sociology , Department of Sociology and Anthropology, North Carolina State University, Raleigh, North Carolina	2021-2023
Assistant Head and Director of Undergraduate Programs , Department of Sociology and Anthropology, North Carolina State University, Raleigh, North Carolina	2019-2021

ACADEMIC POSITIONS

Professor of Sociology , Department of Sociology and Anthropology, North Carolina State University, Raleigh, North Carolina	2020-present
Associate Professor of Sociology , Department of Sociology and Anthropology, North Carolina State University, Raleigh, North Carolina	2014-2020
Assistant Professor of Sociology , Department of Sociology and Anthropology, North Carolina State University, Raleigh, North Carolina	2008-2014

EDUCATION

University of Wisconsin-Madison, Madison, Wisconsin	
Ph.D., Sociology	2008
M.S., Rural Sociology	2004
The Pennsylvania State University, University Park, Pennsylvania	
B.S., Agricultural and Biological Engineering	2000

SELECTED HONORS AND AWARDS

Fulbright Global Scholar Award (Colombia and Spain)	2024-2025
Equity for Women Award, Council on the Status of Women, NC State University	2023
John Egerton Prize, Southern Foodways Alliance	2019
University Faculty Scholar Award, NC State University	2017
Opal Mann Green Engagement Award, NC State University	2015
Outstanding Extension Award, NC State University	2014
Invited participant, Let's Move Faith and Communities meeting, The White House	2013
Outstanding Junior Faculty Award, NC State University	2013
Research Fellowship, Center for Inter-American Studies, Mexico City, Mexico	2009
Fulbright Student Fellowship to the European Union (Belgium and France)	2006-2007

BOOKS (* = EQUALLY AUTHORED)

- ***Bowen, Sarah**, Joslyn Brenton, and Sinikka Elliott. 2019. *Pressure Cooker: Why Home Cooking Won't Solve Our Problems and What We Can Do About It*. New York: Oxford University Press.
- Reviewed in *The Atlantic*, *Gastronomica*, *Pacific Standard*
- Bowen, Sarah**. 2015. *Divided Spirits: Tequila, Mezcal, and the Politics of Production*. Berkeley: University of California Press.
- Winner, Best New Spirits Book, Tales of the Cocktail (2016)

PEER-REVIEWED ARTICLES (* = equally authored, underline = student collaborator)

On food insecurity and food provisioning:

- 2024 Butler, J. Lauren, Cassandra M. Johnson, Annie Hardison-Moody, and **Sarah Bowen**. "Food Insecurity Associated with Higher Stress, Depressive Symptoms, and Lower Diet Quality among Women Caregivers in North Carolina." *Nutrients* 16(15): 2491. doi: 10.3390/nu16152491
- 2023 **Bowen, Sarah**, Annie Hardison-Moody, Emilia Cordero Ocegueda, and Sinikka Elliott. "Beyond Dietary Acculturation: How Latina Immigrants Navigate Exclusionary Systems to Feed Their Families Beyond Dietary Acculturation: How Latina Immigrants Navigate Exclusionary Systems to Feed Their Families." Early view, *Social Problems*. doi: 10.1093/socpro/spad013
- 2023 Shisler, Rebecca, Emilia Cordero Ocegueda, Annie Hardison-Moody, and **Sarah Bowen**. "Addressing the Root Causes of Food and Housing Insecurity among College Students: An Asset-Based Approach." *Journal of Agriculture, Food Systems, and Community Development* 12(2): 135-153.

- 2022 Macnell, Lillian, Annie Hardison-Moody, Amanda Wyant, Jason Bocarro, Sinikka Elliott, and **Sarah Bowen**. “I Have To Be the Example’: Motherhood as a Lens for Understanding Physical Activity among Low-Income Women.” *Journal of Leisure Research* 53(4): 575-594.
- 2022 ***Bowen, Sarah**, Sinikka Elliott, and Annie Hardison-Moody. “Rural Food Insecurity: A Longitudinal Analysis of Low-income Rural Households with Children in the South.” *RSF: The Russell Sage Foundation Journal of the Social Sciences* 8(3): 50-77.
- 2021 Elliott, Sinikka, Sierra J. Satterfield, G. Solorzano, **Sarah Bowen**, Annie Hardison-Moody, and Latasha Williams. “Disenfranchised: How Lower-Income Mothers Navigated the Social Safety Net During the COVID-19 Pandemic.” *Socius: Sociological Research for a Dynamic World* 7. doi: 10.1177%2F23780231211031690.
- 2021 **Bowen, Sarah**, Sinikka Elliott, and Annie Hardison-Moody. “The Structural Roots of Food Insecurity: How Racism Is a Fundamental Cause of Food Insecurity.” *Sociology Compass* 15(7): e12846.
- 2021 Hardison-Moody, Annie, **Sarah Bowen**, Jason Bocarro, Michael Schulman, Jill. A. Kuhlberg, Dara Bloom, Michael Edwards, and Lindsey Haynes-Maslow. “‘There’s Not a Magic Wand:’ How Rural Community Health Leaders Perceive Issues Related to Access to Healthy Foods and Physical Activity Across the Ecological Spectrum.” *Journal of Rural and Community Development* 16(2): 23-42.
- 2020 Johnson, Cassandra M., Alice S. Ammerman, Linda S. Adair, Allison E. Aiello, Valerie L. Flax, Sinikka Elliott, Annie Hardison-Moody, and **Sarah Bowen**. “The Four Domain Food Insecurity Scale (4D-FIS): Development and Evaluation of a Complementary Food Insecurity Measure.” *Translational Behavioral Medicine* 10(6): 1255-1265.
- 2020 Hardison-Moody, Annie, Lindsey Haynes-Maslow, Jason Bocarro, Jill Kuhlberg, Michael Schulman, **Sarah Bowen**, Alyssa Anderson, Lauren Morris, and Yvonne Murphy. “Partners at Play: Engaging Parks and Recreation Departments in Extension’s Health Promotion Work.” *Journal of Human Sciences & Extension* 8(3): 177-199.
- 2020 Solorzano, G., Emilia Cordero Ocegueda, Heather McCarty Johnson, and **Sarah Bowen**. 2020. “Social Eating 2.0.” *Gastronomica* 20(3): 43-45.
- 2020 Mycek, Mari Kate, Annie Hardison-Moody, J. Dara Bloom, **Sarah Bowen**, and Sinikka Elliott. “Learning to Eat the ‘Right’ Way: Examining Nutrition Socialization from the Perspective of Immigrants and Refugees.” *Food, Culture, & Society* 23(1): 46-65.
- 2018 Hardison-Moody, Annie, Lillian MacNell, Sinikka Elliott, and **Sarah Bowen**. “How Social, Cultural, and Economic Environments Shape Infant Feeding for Low-income Women: A Qualitative Study in North Carolina.” *Journal of the Academy of Nutrition and Dietetics* 118(10): 1886-1894.e1.

- 2018 Johnson, Cassandra, Joseph Sharkey, Mellany Lackey, Linda Adair, Allison Aiello, **Sarah Bowen**, Wei Fang, Valerie Flax, and Alice Ammerman. "A Systematic Literature Review Relating Food Insecurity to Women's Dietary Outcomes." *Nutrition Reviews*. doi: 10.1093/nutrit/nuy042.
- 2018 *Elliott, Sinikka and **Sarah Bowen**. "Defending Motherhood: Morality, Responsibility, and Double Binds in Feeding Children." *Journal of Marriage and Family* 80(2): 499-520.
- 2017 MacNell, Lillian, Sinikka Elliott, Annie Hardison-Moody, and **Sarah Bowen**. "Black and Latino Urban Food Desert Residents' Perceptions of Their Food Environment and Factors That Influence Food Shopping Decisions." *Journal of Hunger and Environmental Nutrition* 12(3): 375-393.
- 2017 Hardison-Moody, Annie, Michael B. Edwards, Jason N. Bocarro, Anna Stein, Michael A. Kanters, Danielle Marie Sherman, Lori K. Rhew, Willona Marie Stallings, and **Sarah Bowen**. "Survey of Shared Use Among North Carolina Faith Communities." *Preventing Chronic Disease* 14. Available online at https://www.cdc.gov/pcd/issues/2017/16_0393.htm.
- 2015 Bowen, Elizabeth, **Sarah Bowen**, and Anamika Barman-Adhikari. "Prevalence and Covariates of Food Insecurity among Residents of Single Room Occupancy Housing in Chicago." *Public Health Nutrition* 19(6): 1122-1130.
- 2014 ***Bowen, Sarah**, Sinikka Elliott, and Joslyn Brenton. "The Joy of Cooking?" *Contexts* 13(3): 20-25.
- Reprinted as: Bowen, Sarah, Sinikka Elliott, and Joslyn Brenton. 2017. "The Joy of Cooking?" In *Gender, Sexuality, and Intimacy: A Contexts Reader*, edited by Jodi O'Brien and Arlene Stein. Thousand Oaks, California: Sage Publications, Inc.
- 2014 Leak, Tashara, Lisa Benavente, L. Suzanne Goodell, Annie Lassiter, Lorelei Jones, and **Sarah Bowen**. "Perspectives of EFNEP Participants on the Use of Social Media to Supplement Nutrition Education: Focus Group Findings." *Journal of Nutrition Education and Behavior* 46(3): 203-208.

On geographical indications and terroir:

- 2019 De Master, Kathryn Teigen, James LaChance, **Sarah Bowen**, and Lillian MacNell. "Terroir in Transition: Environmental Change in the Wisconsin Artisanal Cheese and New England Oyster Sectors." *Sustainability* 11(10): 2969.
- 2015 *Gaytán, Marie Sarita, and **Sarah Bowen**. "Naturalizing Neoliberalism and the De-Mexicanization of the Tequila Industry." *Environment and Planning A* 47: 267-283.
- 2014 **Bowen, Sarah**, and Danny Hamrick. "Defining Mexico's Spirit." *Gastronomica* (Winter 2014): 26-32.

- 2014 ***Bowen, Sarah**, and Kathryn DeMaster. "Wisconsin's Happy Cows? Articulating Heritage and Territory as New Dimensions of Quality Production." *Agriculture and Human Values* 31(4): 549-562.
- 2014 **Bowen, Sarah**, and Tad Mutersbaugh. "Local or Localized? Exploring Franco-Mediterranean Contributions to Alternative Food System Research." *Agriculture and Human Values* 31(2): 201-213.
- 2012 ***Bowen, Sarah**, and Marie Sarita Gaytán. "The Paradox of Protection: National Identity, Global Commodity Chains, and the Tequila Industry." *Social Problems* 59(1): 70-93.
- *Winner, Best Paper in Social Sciences, Mexico Section of the Latin American Studies Association*
- 2012 **Bowen, Sarah**. "Las Indicaciones Geográficas, la Globalización, y el Desarrollo Territorial: El Caso del Tequila." *Agroalimentaria* 18(34): 91-103.
- 2011 **Bowen, Sarah**. "The Importance of Place: Re-Territorializing Embeddedness." *Sociologia Ruralis*: 51(4): 325-348.
- 2011 **Bowen, Sarah**, and Kathryn De Master. 2011. "New Rural Livelihoods or Museums of Production? Quality Food Initiatives in Practice." *Journal of Rural Studies* 27(1): 73-82.
- 2010 **Bowen, Sarah**. "Embedding Local Places in Global Spaces: Geographical Indications as a Territorial Development Strategy." *Rural Sociology* 75(2): 209-243.
- *Winner, Best Student Paper Award, Rural Sociological Society (earlier version)*
- 2010 **Bowen, Sarah**. "Development from Within? The Potential for Geographical Indications in the Global South." *The Journal of World Intellectual Property* 13(2): 231-252.
- 2010 Guy, Kolleen, Amy Trubek, and **Sarah Bowen**. "Terroir: A French Conversation with a Transnational Future." *Contemporary French & Francophone Studies* 14(2): 139-148.
- 2009 **Bowen, Sarah**, and Ana Valenzuela Zapata. "Geographical Indications, *Terroir*, and Socioeconomic and Ecological Sustainability: The Case of Tequila." *Journal of Rural Studies* 25(1): 108-119.
- *Top-10 Cited Article Published in Journal of Rural Studies, 2009-2011*
- 2008 **Bowen, Sarah**, and Ana Valenzuela Zapata. Dénominations d'Origine et Durabilité Socioéconomique et Écologique: Le Cas de Tequila." *Cahiers Agricultures* 17(6): 552-560.
- 2008 Trubek, Amy, and **Sarah Bowen**. "Creating the Taste of Place in the United States: Can We Learn from the French?" *GeoJournal* 73(1): 23-30.

- 2007 **Bowen, Sarah**, and Peter Gerritsen. “Reverse Leasing and Power Dynamics Among Blue Agave Farmers in Western Mexico.” *Agriculture and Human Values* 24(4): 473-488.

On research methods:

- 2021 **Bowen, Sarah**, Annie Hardison-Moody, Kim Eshleman, Cassius Hossfeld, Marah Maaaita, Najma Muhammad, Rebecca Shisler, and G. Solorzano. “The Impact of COVID-19 on Experiences of Food Insecurity Across Place: A Qualitative Research Protocol.” *International Journal of Qualitative Methods* 20. doi: 10.1177%2F16094069211062416.
- 2017 Elliott, Sinikka, Josephine Ngo McKelvy, and **Sarah Bowen**. “Marking Time in Ethnography: Uncovering Temporal Dispositions.” *Ethnography* 18(4):556-576.
- 2015 Jakes, Susan, Annie Hardison-Moody, **Sarah Bowen**, and John Blevins. “Engaging Community Change: The Critical Role of Values in Asset Mapping.” *Community Development* 46(4): 392-406.

PEER-REVIEWED COMMENTARIES AND EDITORIALS

- 2023 **Bowen, Sarah**, and Annie Hardison-Moody. “Improving Unequal Food Access Requires Understanding and Addressing the Social Inequalities That Contribute to It.” *American Journal of Public Health* 113(4): 353-355..
- 2020 Alkon, Alison Hope, **Sarah Bowen**, Yuki Kato, and Kara Alexis Young. “Unequally Vulnerable: A Food Justice Approach to Racial Disparities in COVID-19 Cases.” *Agriculture and Human Values* 37: 535-536.

SELECTED EXTRAMURAL GRANTS

- Bowen, Sarah (PI)**, and Annie Hardison-Moody (co-PI). 2020-2022. “RAPID: Effects of Responses to COVID-19 and Social Context on Food Insecurity.” National Science Foundation, \$199,034.
- Bowen, Sarah (PI)**, Sinikka Elliott (co-PI), and Annie Hardison-Moody (co-PI). 2019-2022. “Understanding and Addressing the Roots of Child Food Insecurity: A Qualitative Longitudinal Analysis.” Russell Sage Foundation, \$174,567.
- Hardison-Moody, Annie (PI), Lindsey Haynes-Maslow (co-PI), J. Dara Bloom, Lorelei Jones, Carolyn Dunn, **Sarah Bowen**, Jason Bocarro, Michael Kanters, Aaron Hipp, Michael Edwards, Myron Floyd, and Cintia Aguilar. 2016-2018. “A Multi-Level Approach to Prevent Obesity: Extension and Engagement in Four North Carolina Counties.” Center for Disease Control, \$1,592,406.
- Reberg-Horton, Chris (PI), Wayne Robarge, J. Dara Bloom, **Sarah K. Bowen**, Wesley Everman, Michelle Schroeder, Alan Franzluebbbers, and Nancy Creamer. 2016-2017. CEFS Long-Term Systems Research: Providing the Building Blocks for Resilient Food Production

Systems. United States Department of Agriculture Sustainable Agriculture Research and Education, \$300,000.

Bowen, Sarah (PI), Richelle Winkler (co-PI), J. Dara Bloom, and Lillian O’Connell. 2014-2016. “Contextualizing Family Food Decisions: The Role of Household Characteristics, Neighborhood Deprivation, and Local Food Environment.” United States Department of Agriculture, Economic Research Service, \$39,858.

Bowen, Sarah (PI), Sinikka Elliott (co-PI), Annie Hardison-Moody (co-PI), J. Dara Bloom, Lorelei Jones, and Susan Jakes. 2011-2017. “Community-Based Approach to Reducing Childhood Obesity in Low-Income Populations: Research to Action.” United States Department of Agriculture, National Institute of Food and Agriculture, Agriculture and Food Research Initiative, \$3,026,299.

Reberg-Horton, Chris (PI), Jean Luginbuhl, Michael Schulman, Julie Grossman, Yasmin Cardoza, David Orr, Steven Washburn, **Sarah Bowen**, Matt Poore, Shuijin Hu, Michelle Schroeder, and Nancy Creamer. 2012-2015. “CEFS Long-Term Systems Research: Providing the Building Blocks for Resilient Food Production Systems.” United States Department of Agriculture Sustainable Agriculture Research and Education, \$299,884.

Bowen, Sarah (PI), and Kathryn De Master (co-PI). 2011-2013. “Fostering Resilience: Integrating Territory and Heritage into Emerging Agricultural Clusters in the United States.” United States Department of Agriculture, National Institute of Food and Agriculture, Agriculture and Food Research Initiative, \$142,234.

PUBLIC WRITING

2020 **Bowen, Sarah**, Annie Hardison-Moody, and Qiana Cryer-Coupet. “This is a Year to Break Holiday Traditions.” *The News & Observer*, November 24, 2020. Available at <https://www.newsobserver.com/opinion/article247366554.html>.

2020 Elliott, Sinikka, **Sarah Bowen**, and Annie Hardison-Moody. “Disenfranchised: Families Facing Food Insecurity in the United States.” *The Sociological Review* blog, October 20, 2020. Available at <https://www.thesociologicalreview.com/disenfranchised-families-facing-food-insecurity-in-the-united-states/>.

2020 **Bowen, Sarah**, Annie Hardison-Moody, and Sinikka Elliott. “Want to Fight Rising Food Insecurity? Listen to People Who’ve Been Hungry.” *Civil Eats*, May 8, 2020. Available at <https://civileats.com/2020/05/08/want-to-fight-rising-food-insecurity-listen-to-the-people-whove-experienced-hunger/>.

2019 **Bowen, Sarah**, Sinikka Elliott, and Annie Hardison-Moody. “A Heartbreaking Choice for Moms—Food or a Family’s Future.” *The New York Times*, August 21, 2019. Available at <https://www.nytimes.com/2019/08/21/opinion/public-charge-rule.html>.

2019 **Bowen, Sarah**, Sinikka Elliott, and Joslyn Brenton. “Why Ditching Processed Foods Won’t Be Easy—Barriers to Cooking from Scratch.” National Public Radio’s *The*

Salt, May 24, 2019. Available at <https://www.npr.org/sections/thesalt/2019/05/24/725470305/opinion-why-ditching-processed-foods-wont-be-easy-the-barriers-to-cooking-from-s>.

- 2019 **Bowen, Sarah**, Sinikka Elliott, and Joslyn Brenton. "How Real Families Use Food Stamps." *Politico*, April 25, 2019. Available at <https://www.politico.com/agenda/story/2019/04/25/food-assistance-programs-snap-funding-000894>.
- 2018 **Bowen, Sarah**. "To Fix Raleigh's Public Transportation System, Understand How It's Broken." *The News & Observer*, August 25, 2018.
- 2018 Elliott, Sinikka, **Sarah Bowen**, and Joslyn Brenton. "To Close America's Diet Gap, We Must Recognize Food as a Human Right." *The Guardian*, July 21, 2018. Available at <https://www.theguardian.com/commentisfree/2018/jul/21/us-food-insecurity-human-right>.
- 2018 **Bowen, Sarah**, Sinikka Elliott, and Annie Hardison-Moody. "If Congress Changes Food Stamp Requirements, Kids Will Go Hungry." *The New York Times*, July 1, 2018. Available at <https://www.nytimes.com/2018/07/01/opinion/if-congress-changes-food-stamp-requirements-kids-will-go-hungry.html>.
- 2017 **Bowen, Sarah**, and Mark Nance. "Attending the Nobel Prize Ceremony After Trump Snubbed the Winners." *The New York Times*, December 20, 2017. Available at <https://www.nytimes.com/2017/12/20/opinion/nobel-ceremony-trump-snub.html>.
- 2017 **Bowen, Sarah**, and Sinikka Elliott. "Restricting What Recipients of SNAP Benefits Eat Won't Fix Nutritional Issues." *The Hill*, February 17, 2017. Available at <https://thehill.com/blogs/congress-blog/politics/320009-restricting-what-recipients-of-snap-benefits-eat-wont-fix>.
- 2014 Elliott, Sinikka, **Sarah Bowen**, and Joslyn Brenton. "Why We Need to Rethink Home-Cooked Meals." *National Geographic's The Plate*, October 7, 2014. Available at <https://www.nationalgeographic.com/people-and-culture/food/the-plate/2014/10/07/home-cooked-meals/>.

INVITED PRESENTATIONS

- 2024 **Bowen, Sarah**. "Descolonizar las Indicaciones Geográficas en Beneficio de los Productores y las Comunidades del Sur Global." School of Social Sciences, University of the Andes, Bogotá, Colombia.
- 2024 **Bowen, Sarah**. "Decolonizing Geographical Indications to Benefit Producers and Communities in the Global South." Institute of Economics, Geography and Demography, Spanish National Research Council, Madrid, Spain.

- 2022 **Bowen, Sarah.** “How Racism is a Fundamental Cause of Food Insecurity.” Think Global Panel on Hunger, Nutrition, and Food Insecurity, Duke Global Health Institute [online presentation].
- 2021 **Bowen, Sarah.** “Experiences of Food Insecurity in the United States during the Pandemic: Results of a Qualitative Study.” British Sociology Association Food Study Group [online presentation].
- 2020 **Bowen, Sarah,** and G. Solorzano. “Experiences of Food Insecurity during the COVID-19 Pandemic and the Role of Federal Food Assistance Program.” Bread for the World, Raleigh, NC [online presentation].
- 2019 **Bowen, Sarah,** Joslyn Brenton, and Sinikka Elliot. “Pressure Cooker: Why Home Cooking Won’t Solve Our Problems and What We Can Do About It.”
- Keynote address, 3rd International Cook and Health Conference, Universidade Católica Portuguesa, Lisbon, Portugal
 - Syracuse University
 - College of William & Mary
 - University of Maryland-College Park
 - University of California-Berkeley
 - University of Minnesota
 - Wake Forest University
 - University of Missouri
- 2018 **Bowen, Sarah.** “Factors Influencing Family Food Decisions in Sweden and the United States.” Department of Food and Nutrition and Sport Science, University of Gothenburg, Sweden.
- 2018 **Bowen, Sarah.** “Asset Mapping as a Tool for Participatory Health Research.” Department of Food and Nutrition and Sport Science, University of Gothenburg, Sweden.
- 2016 **Bowen, Sarah.** “Hipsters, Hope, and Artisanal Mezcal: The Promise and Peril of Consumer-Based Movements.”
- Indiana University
 - University of Wisconsin-Madison
 - Mary Washington University
- 2013 **Bowen, Sarah.** “Terroir, Tradition, and the Politics of Protection: The Fight Over Mezcal.” Seminar on “The Reinvention of Food,” Radcliffe Institute, Harvard University, Boston, MA.
- 2012 **Bowen, Sarah,** and Sinikka Elliott. “Bringing Sociology to the Table: A Case for a Sociological Approach to the ‘Obesity Epidemic’.” Social Science Research Seminar, Wake Forest University, Winston-Salem, NC.
- 2012 **Bowen, Sarah.** “The Potential for Geographical Indications in the Global South.” R.J. Reynolds Symposium, “Obstacles and Opportunities: The Role of Law in Doing

Business in New and Old Economies in the Global Marketplace,” North Carolina Central University, Durham, NC.

- 2010 **Bowen, Sarah.** “Protecting Traditions or Institutionalizing Power? The Case of Mezcal.” Workshop on “Markets as Commons: Developing a Comparative Framework for Investigating Cultural Resources in Regional Economies,” University of North Carolina-Chapel Hill, Chapel Hill, NC.
- 2010 **Bowen, Sarah,** and Kathryn De Master. “Heritage, Identity, and the Construction of Quality among Cheese Producers in the United States and France.” International Symposium on World Milk Cultures/Cultures des Laites du Monde, Paris, France.
- 2009 **Bowen, Sarah.** “Las IG Como Herramienta de Desarrollo: Lecciones de los Casos del Tequila y del Mezcal.” Seminar on “Sistemas Agroalimentarios Locales en México: Identidad Territorial, Construcción de Capital Social, e Instituciones,” Jiquilpán, Mexico.
- 2009 **Bowen, Sarah.** “L’Importance des Hommes Dans les Démarches Collectives: Une Comparaison Entre Deux AOCs.” Keynote address, General Assembly of the Conseil National des Appellations d’Origine Laitières, Tours, France.
- 2009 **Bowen, Sarah.** “Las Indicaciones Geográficas y el Desarrollo Territorial.” 2009. Invited lecture, Center for Interdisciplinary Studies in Science and Humanities, Universidad Nacional Autónoma de México, Mexico City, Mexico.

SELECTED CONFERENCE PRESENTATIONS (within last 6 years):

- 2023 Porciuncula, Juliene, and **Sarah Bowen.** “Gastronationalism and the Georgian Supra.” Annual Meeting of the Association for the Study of Food and Society, Boston, Massachusetts.
- 2023 **Bowen, Sarah.** “Achieving Equity? How Swedish Mothers Negotiate and Make Tradeoffs Around Household Labor.” Annual Meeting of the Eastern Sociological Society, Baltimore, Maryland.
- 2022 **Bowen, Sarah,** and Annie Hardison-Moody. “The Right to Food? Experiences of and Responses to Food Insecurity in the United States.” International Sociological Association RC 40 Mini-Conference, “The Food System in the (Post-)Pandemic World,” Leipzig, Germany.
- 2021 **Bowen, Sarah.** “Advancing Health Lifestyles Theories.” Invited panelist, Advancing Health Lifestyles virtual conference, organized by the University of Colorado-Boulder and University of Nevada-Las Vegas and funded by the University of Colorado Population Center.
- 2019 **Bowen, Sarah,** Sinikka Elliott, and Annie Hardison-Moody. “How Deportation and the Fear of Deportation Exacerbate Food Insecurity.” Annual Meeting of the American Sociological Association, New York, NY.

- Also presented at the 2019 Annual Meeting of the Southern Sociological Society, Atlanta, GA.
- 2019 Martin, Blake, Lillian MacNell, **Sarah Bowen**, and Sinikka Elliott. “Taste and Waste: Elementary and Middle School Children’s Experiences with School Lunch.” Annual Meeting of the Society for the Study of Social Problems, New York, NY.
- 2019 **Bowen, Sarah**, Annie Hardison-Moody, Emilia Cordero Ocegueda, and Rebecca Shisler. Addressing and Preventing Food Insecurity among NC State Students: An Asset-Based Approach. Annual Meeting of the Rural Sociological Society, Richmond, VA.
- 2018 **Bowen, Sarah**, Sinikka Elliott, Annie Hardison-Moody, and J. Dara Bloom. “Rethinking the Idea of Acculturation Among Latino Immigrants.” Annual Meeting of the American Sociological Association, Philadelphia, PA.
- 2018 Elliott, Sinikka, **Sarah Bowen**, and Annie Hardison-Moody. “Low-Income Families, SNAP, and the Trump Administration’s War on the Poor.” Mini-Conference, “Consumers and Consumption” Section, American Sociological Association, Philadelphia, PA.
- 2017 Elliott, Sinikka, **Sarah Bowen**, Annie Hardison-Moody, and Joslyn Brenton. “Promises and Challenges of Intersectional Food Justice Research and Praxis.” Annual Meeting of the American Sociological Association, Montreal, Canada.
- 2017 Mycek, Mari Kate, J. Dara Bloom, Annie Hardison-Moody, **Sarah Bowen**, and Michael Schulman. “Challenging Assumptions: Healthy Food from the Immigrant and Refugee Perspective.” Annual Meeting of the Rural Sociological Society, Columbus, OH.
- 2017 Brenton, Joslyn, Sinikka Elliott, and **Sarah Bowen**. “Conceptualizing and Enacting the Ideal Meal at the Intersection of Race, Class, and Gender.” Annual Meeting of the Eastern Sociological Society, Philadelphia, PA.
- 2016 **Bowen, Sarah**. “Las DO, el Desarrollo Territorial, y las Relaciones de Poder: Lecciones del Caso del Mezcal” (Denominations of Origin, Territorial Development, and Power Relations: Lessons from the Case of Mexico). Annual Meeting of the Network on Localized Agri-food Systems (Mexico), Mexico City, Mexico.
- 2016 **Bowen, Sarah**, and Sinikka Elliott. “Making Do In Tight Times: Low-Income Mothers’ Experiences of Food Insecurity.” Annual Meeting of the Rural Sociological Society, Toronto, Canada.
- 2016 Bloom, J. Dara, and **Sarah Bowen**. “Addressing the Root Causes of Hunger: The Evolving Role of Emergency Food Provisioning.” Annual Meeting of the Rural Sociological Society, Toronto, Canada.
- 2016 **Bowen, Sarah**, J. Dara Bloom, Michele Scott, and Molly Lutton. “Making Markets Fair: Challenges from Farmers’ Perspectives.” Annual Meeting of the Rural Sociological Society, Toronto, Canada.

- 2016 **Bowen, Sarah.** “Terroir, Tradition, and Colonial Legacies in Mexico’s Mezcal Industry.” Annual Meeting of the International Rural Sociological Association, Toronto, Canada.
- 2016 Elliott, Sinikka, **Sarah Bowen**, Joslyn Brenton, and Annie-Hardison Moody. “Intersectionality and Food Justice: Lessons from a Community-Based, Participatory Project about Maternal Foodwork.” Annual Meeting of the Association for the Study of Food and Society, Toronto, Canada.
- 2016 García-Grandón, Daniela, **Sarah Bowen**, and Sinikka Elliott. “Transnational Localities: Latina Immigrant Women and Alternative Food Systems in the United States.” International Conference of the Network on Localized Agri-food Systems, Stockholm, Sweden.

SELECTED MEDIA MENTIONS

Print media:

- 2022 Qiu, Linda. “Food Insecurity for Families With Children Reached Two-Decade Low in 2021.” *The New York Times*, September 7, 2022.
- 2022 Subramanian, Samanth. “In the Mezcal Craze, Wild Agave Plants Are Vanishing in Mexico.” *Quartz*, March 8, 2022.
- 2021 Bouloubasis, Victoria. “The State of U.S. Hunger During COVID-19.” *Self*, July 11, 2021.
- 2020 North, Anna. “The ‘Women’s Work’ of the Pandemic.” *Vox*, April 30, 2020.
- 2020 Benning, Tom. “How the Obscure Liquor Sotol Has Stirred Border Passions in Texas, Mexico Over Trump’s USMCA Trade Deal.” *Dallas Morning News*, January 20, 2020.
- 2019 Byrne, Christine. “Why Budget Cooking Tips Are Useless for Low-Income Families.” *Huffington Post*, October 9, 2019.
- 2019 Dennett, Carrie. “Ultra-Processed Foods Aren’t Good for Us, But Alternatives Aren’t As Simple As You’d Think.” *The Seattle Times*, July 24, 2019.
- 2019 Byrne, Christine. “Why ‘Just Cook More’ Isn’t the Universal Solution to Healthy Eating.” *Self*, July 20, 2019.
- 2019 Shapiro, Laura. “Eat Food. All the Time. Mostly Junk.” *The Atlantic*, June 2019 issue.
- 2019 Ali, Ambreen. “Today’s Parents Think They Lack the Time or Skill to Throw Dinner Parties. They’re Missing Out.” *The Washington Post*, June 17, 2019.
- 2019 O’Connor, Anahad. “Can Home Cooking Reverse the Obesity Epidemic?” *The New York Times*, June 12, 2019.
- 2019 Black, Jane. “It’s Okay. Don’t Cook. This Approach is Surprisingly Healthy.” *The Wall Street Journal*, June 5, 2019.
- 2019 Sugar, Rachel. “How Did Home Cooking Become a Moral Issue?” *Vox*, March 5, 2019.
- 2019 Nargi, Lela. “More Time in the Kitchen May Not Be the Answer to Feeding Kids Well.” *Civil Eats*, March 1, 2019.

- 2019 Pinsker, Joe. “The Problems that Home Cooking Can’t Solve.” *The Atlantic*, March 1, 2019.
- 2019 Baker, Peter C. “The Limits of Home Cooking.” *Pacific Standard*, January 21, 2019.
- 2018 Nargi, Lela. “What Children Understand About Food Insecurity.” *Civil Eats*, March 26, 2018.
- 2018 Khoo, Isabella. “Poor Mothers Are Judged More Harshly Over Kids’ Weight: Study.” *HuffPost Canada*, March 14, 2018.
- 2018 Hammond, David. “Sotol, Spirit of the North American Desert.” *Chicago Tribune*, February 28, 2018.
- 2017 Hammond, David. “I Was a Mezcal Mule Bringing Home Oaxaca’s Spirit.” *New City Resto*, July 2, 2017.
- 2017 Allan, M. Carrie. “Agave Spirits, on a Need-to-Know Basis.” *The Washington Post*, April 7, 2017.
- 2016 Ehrenfreund, Max. 2016. “The Difference Between What Poor and Rich Americans Eat is Getting Bigger.” *The Washington Post*, June 23, 2016.
- 2016 Goodyear, Dana. “Mezcal Sunrise.” *The New Yorker*, March 28, 2016. Available at.
- 2015 Salniker, Ferron. “California-Grown Agave Is Making Tequila Sustainable.” *Munchies*, August 18, 2015.
- 2015 Ehrenfreund, Max. “Gwyneth Paltrow Bought on Food Stamps What Only Rich People Buy.” *The Washington Post*, April 18, 2015.
- 2015 Kliff, Sarah. “The Problem with Home-Cooked Meals.” *Vox*, February 11, 2015.
- 2014 Bittman, Mark. “Fight Poverty, Not Cooking.” *The New York Times*, November 4, 2014.
- 2014 The New York Times. “With Home Cooking, Is Feeding the Family, Feeding Resentment?” (Room for Debate, The Opinion Pages).” *The New York Times*, September 21, 2014.
- 2014 Schulte, Brigid. “Home-Cooked Family Dinner Isn’t All It’s Cracked Up To Be.” *The Washington Post*, September 19, 2014.
- 2014 Stevens, Heidi. “Home-Cooked Meals Leaving Working Moms Fried: Study.” *Chicago Tribune*, September 18, 2014.
- 2014 North, Anna. “When Family Dinner Doesn’t Satisfy.” *The New York Times*, September 8, 2014.
- 2014 Reese, Diana. “The Home-Cooked Family Dinner: Yes, It’s a Burden for Moms But Is it Worthwhile?” *The Washington Post*, September 8, 2014.
- 2014 Luscombe, Belinda. “We Need to Stop Guilting Parents into Cooking Dinner.” *Time*, September 5, 2014.
- 2014 Pulliam-Moore, Charles. “Study Finds that Home-Cooking Disproportionately Burdens Mothers.” *PBS Newshour*, September 4, 2014.
- 2009 New Scientist. “Tequila Gives Mexico an Environmental Hangover.” *New Scientist*, January 18, 2009.
- 2009 National Geographic (NATGEO Newswatch), January 14, 2009. “Tequila Boom Creates Environmental Hangover in Mexico.”

Radio/podcasts:

- 2022 Bringing Up Britain. “How Can I Give My Child A Healthy Relationship with Food?” September 28, 2022.
- 2020 Annex Sociology Podcast. “The Sociology of Food (Bowen, Gaddis, and Young).” October 5, 2020.

- 2019 One Bad Mother. “Episode 329: That Was Rude! Plus, Sarah Bowen on the Problems with Home Cooking.” November 14, 2019.
- 2019 The State of Things (WUNC, an NPR station). “Setting the Table: Why Dinnertime Is About More Than Food.” May 9, 2019.
- 2019 Eat Your Words (Heritage Radio Network). “Pressure Cooker: Why Home Cooking Won’t Solve Our Problems and What We Can Do About It.” April 7, 2019.
- 2019 Central Time (WPR, an NPR station). “Is Home Cooking Always the Answer to Life’s Problems?” April 3, 2019.
- 2019 Mom and Dad Are Fighting (Slate). “Mom and Dad Are Fighting: Free Lunch Edition.” March 14, 2019.
- 2019 Radio Times (WHYY, an NPR station). “The Challenges of Healthy Home Cooking.” March 12, 2019.
- 2019 Gravy (Southern Foodways Alliance). “Home-Cooked Expectations—Dinner Under Pressure.” February 21, 2019.
- 2019 Sunday Morning (Radio New Zealand). “Myths Around Family Bonding.” February 10, 2019. Available at.
- 2018 The Oxford Comment (Oxford Academic (OUP). “The Politics of Food – Episode 50.” November 20, 2018.
- 2018 Scholars Strategy Network. “Episode 60: Thinking Outside the Kitchen.” November 23, 2016.
- 2016 New Books Network. “Sarah Bowen—Divided Spirits: Tequila, Mezcal, and the Politics of Production.” February 7, 2016.
- 2015 Gastropod. “Mezcal: Everything but the Worm.” October 20, 2015.
- 2010 The State of Things (WUNC, an NPR station). 2010. “Taste of Place.” June 23, 2010.
- 2009 The State of Things (WUNC, an NPR station). 2009. “Tequila Troubles.” January 23, 2009.

TEACHING EXPERIENCE

North Carolina State University, Raleigh, North Carolina (2008 – present):

Food and Society (undergraduate)
 Sociology of Agriculture and Rural Society (undergraduate)
 Sociology of International Development (undergraduate)
 Sociological Writing (undergraduate)
 Sociology of Food Systems (graduate)
 Food and Inequality (graduate)
 Food and Migration (graduate)
 Decolonizing the Food System (graduate)
 Communities and Globalization (graduate)
 Comparative Societies (graduate)
 Advanced Qualitative Methods (graduate)
 Writing Sociologically (graduate)

OTHER RELEVANT EXPERIENCE

2000- Agricultural Engineer, United States Department of Agriculture Natural Resources
2002 Conservation Service, Annandale, New Jersey

LANGUAGE PROFICIENCY

Spanish (proficient in reading, writing, and speaking); French (proficient in reading, writing, and speaking); English (native)