

Curriculum Vitae

Emily Lefebvre Smith, Ph.D.

Contact

North Carolina State University
Center for Family and Community Engagement
<http://www.cface.org>
go.ncsu.edu/wellbeinglab

Burlington, VT
413.320.8882
ejlefebv@ncsu.edu
orcid.org/0000-0001-7957-0492

Education

May 2020 **North Carolina State University**
Doctor of Philosophy, Lifespan Developmental Psychology

May 2015 **Utica College**
Bachelor of Science in Psychology, *summa cum laude*

Employment

July 2020- Present North Carolina State University (remote)
Center for Family and Community Engagement
Post-doctoral Research Scholar

May 2017- June 2020 North Carolina State University (remote)
Center for Family and Community Engagement (CFACE)
Research Assistant Project Manager

Profile

Holding a PhD in Lifespan Developmental Psychology with a focus on research methods and data analytics, my program of research includes examining prevalent stressors experienced by youth and adults, identifying maladaptive environments, systems of inequality, and investigating subsequent behavioral and developmental outcomes. Importantly, I use data driven approaches to inform and promote healthy patterns of behavior and relationships, identify adaptive coping techniques, areas for intervention, evaluate efficacy of programs, and build avenues of community and social support to mitigate negative outcomes. Additionally, I work with community and government stake holders and cross-departmental teams to develop program evaluation protocols, to examine community and public health needs, and generate recommendations for reform.

Skills Summary

Project and team management across multiple research teams, divisions, and domains

Qualitative and quantitative data analytics using diverse statistical platforms SPSS, SAS, Mplus, and Stata

Research design including problem scoping, solution implementation, data analysis, results synthesis and summary, and recommendation generation

Communication of key findings via reports, manuscripts, and presentations presented to broad audiences including community, agency, and academic partners

Problem solving and critical thinking, including adherence to multiple deadlines, balance of shifting priorities, and incorporation of competing viewpoints

Intentional inclusion of diverse perspectives and voices from different populations and demographics

Research Experience

Professional

- | | |
|------------------------|---|
| January 2021 | Private Contractor: program evaluation
Cybercrime Victim Support Initiative: Program Evaluation
<i>Cybercrime Support Network/United Way of NC</i> |
| May 2018-Present | Project Manager
Community Child Protection Team Annual Evaluation and Report
<i>Center for Family and Community Engagement</i> |
| September 2020-Present | Private Consultant: data collection and management expert
<i>Burlington Community Justice Center</i> |
| July 2020-Present | Program Evaluation Team
Family Center Practice Project: Family Leadership Model
<i>Center for Family and Community Engagement</i> |
| March 2020-Present | Senior Advisory Consultant: methodological expert
COVID-19 Research Study
<i>North Carolina State University & Georgia Institute of Technology</i> |

Lab Management

- | | |
|---------------------|---|
| August 2019-Present | Lab Manager
<i>Military Wellness Lab</i> |
| May 2016- May 2020 | Lab Manager
<i>Daily Well-being and Adulthood Lab</i> |

Graduate Research

- | | |
|------------|--|
| 2018- 2020 | Graduate Research Assistant to Dr. Sam Cacace
<i>North Carolina State University, Center for Family and Community Engagement</i> |
| 2017-2020 | Graduate Research Assistant to Drs. Joan Pennell and Sarah Desmarais |

North Carolina State University, Center for Family and Community Engagement

2016- 2020

Graduate Research Assistant to Dr. Shevaun Neupert
North Carolina State University, Department of Psychology

Undergraduate Research

2011- 2015

Undergraduate Research Assistant to Dr. Arlene Lundquist
Utica College Department of Psychology

Publications

Peer Reviewed Publications

(please note name change from E.J. Lefebvre to E.L. Smith)

Pearman, A., Hughes, M. L., **Smith, E. L.**, & Neupert, S. D. (2020). Age Differences in Risk and Resilience Factors in COVID-19-Related Stress. *The Journals of Gerontology: Series B*. doi.org/10.1093/geronb/gbaa120

Pearman, A., Hughes, M. L., **Smith, E. L.**, & Neupert, S. D. (2020). Mental Health Challenges of United States Healthcare Professionals During COVID-19. *Frontiers in Psychology*. 11. [doi.10.3389/fpsyg.2020.02065](https://doi.org/10.3389/fpsyg.2020.02065)

Pennell, J., Burford, G., Sasson, E., Packer, H., **Smith, E.L.** (2020). Family and community approaches to intimate partner violence: Restorative programs in the United States. *Violence Against Women*. doi.org/10.1177/1077801220945030

Smith, E.L., & Neupert, S.D. (2020). Daily stressor exposure: Examining interactions of delinquent networks, daily mindfulness and control among emerging adults. *Current Psychology*.

Polk, M.G., **Smith, E.L.**, Zhang, L.-R., & Neupert, S.D. (2020). Thinking ahead and staying in the present: Implications for reactivity to daily stressors. *Personality and Individual Differences*.

Neupert, S.D., Bellingtier, J.A., & **Smith, E.L.** (2019). *Emotional reactivity changes to daily stressors surrounding the 2016 U.S. presidential election*. *Current Psychology*. 1-11. doi.org/10.1007/s12144-019-00215-y

Lundquist, A.R., **Lefebvre, E.J.**, & Garramone, S.J. (2014). Smartphones: Fulfilling the need for immediacy in everyday life, but at what cost? *International Journal of Humanities and Social Sciences*. 4(2) Special Issue, 80-89.

Manuscripts Under Review

Schriefer, M.L., **Smith, E.L.**, & Neupert, S.D. (under review). Antecedents and Consequences of Proactive Coping for Age Differences in Physical Reactivity to Daily Stressors. *Journal of Aging and Health*.

Smith, E.L., Anglis, E.M., & Neupert, S.D. (under review). The Effects of Delinquency on Daily Emotional Reactivity to Mindfulness Errors. *Current Psychology*.

Cacace, S.C., **Smith, E.L.**, & Alder, E. (under review). Locale matters: Regional needs of U.S. military service members and veterans. *Military Behavioral Health*.

Pearman, A., Hughes, M. L., **Smith, E. L.**, & Neupert, S. D. (under review) A Precautionary Tale: More Information Isn't Always Better. *Journal of Experimental Psychology, Special Issue*.

Manuscripts in Preparation

Smith, E. L., & Neupert, S.D. (in prep). Adverse Childhood Experiences and Emotional Well-being: Evaluating Proactive Coping as a Protective Moderator. *Anxiety Stress and Coping*.

Cobler, M., **Smith, E.L.**, & Neupert, S.D. (in prep). Socioeconomic Differences in Coping with Home Stressors: A Daily Diary Study of Mindfulness and Anticipatory Coping. *Anxiety Stress and Coping*.

Early, A.S., **Smith, E.L.**, & Neupert, S.D. (in prep). Red, White, and Gray: Age, Education, and Political Involvement Differences in Election-Related Exposure and Stress. *Journal of Social and Political Psychology*.

Smith, E.L., Cacace, S., & Sorensen, J., Frye, P., & Desmarais, S.L., (in prep). The effects of combat exposure on daily stressor exposure and substance use: evaluating the role of social integration and contribution. *TBD*.

Frye, R., **Smith, E.L.**, Cacace, S.C., & Desmarais, S.L. (in prep). How the dimensions of close relationships affect the well-being of military-affiliated individuals. *TBD*.

Reports

Smith, E.L., & Pennell, J., Cacace, S., Desmarais, S.L. (2020). *Community Child Protection Team annual analytical report*. Annual project report prepared for inclusion in the Annual Progress and Services Report, Division of Social Services, NC Department of Health and Human Services, Raleigh, NC.

Desmarais, S.L., Cacace, S.C., **Smith, E.L.**, Allen-Eckard, K., Preisler, J.J., Hope, E., Wade, C.E., & Bradford, K.L. (2020, May). *NC Child Welfare Family Leadership Model: SFY 2020 process and impact evaluation report*. Annual evaluation report prepared for the Division of Social Services, NC Department of Health and Human Services, Raleigh, NC.

Smith, E.L., Pennell, J., & Cacace, S., (2019). *Community Child Protection Team annual analytical report*. Annual project report prepared for inclusion in the Annual Progress and Services Report, Division of Social Services, NC Department of Health and Human Services, Raleigh, NC.

Pennell, J., & **Smith, E.L.**, (2018). *Community Child Protection Team annual analytical report*. Annual project report prepared for inclusion in the Annual Progress and Services Report,

Division of Social Services, NC Department of Health and Human Services, Raleigh, NC.

Pennell, J., & **Smith, E.** (2017). *Community Child Protection Team annual analytical report*. Annual project report prepared for inclusion in the Annual Progress and Services Report, Division of Social Services, NC Department of Health and Human Services, Raleigh, NC.

Conferences & Professional Presentations

Talks

Cacace, S.C., **Smith, E.L.**, & Berry, P. (2019). *Veteran voices: A conversation on veteran and transitioning military needs from primary sources*. Panel presentation at the 2019 NCSTRIVE conference, Raleigh, NC.

Neupert, S. D., & **Smith, E.L.** (2019, June). *Daily anticipatory coping with election stress*. In A. Neubauer (Chairs). *Beyond stressor exposure: Exploring anticipation of and recovery from stressors experienced in daily life*. Symposium presented at the Society for Ambulatory Assessment Conference, Syracuse, NY

Neupert, S.D., **Smith, E.L.**, & Hope, E. C. (2019, August). *Age differences in critical agency predicting physical well-being during the midterm U.S. election*. Presented at the American Psychological Association's Annual Convention. Chicago, IL.

Pennell, J., Sasson, E., Burford, G., Thomforde Hauser, R., & **Smith, E.L.** (2018, June). *A national portrait of restorative justice approaches to domestic violence and sexual assault: preliminary findings from the United States*. Presented at the International Restorative Justice Conference: Global Unity and Healing. Burlington, VT.

Neupert, S.D., Bellingtier, J.A., & **Smith, E.L.** (2018, November). *Daily fluctuations and individual differences in control beliefs predict perceptions of aging*. In J. Drewelies & D. Gerstorf (Chairs). *The Importance of Daily Control Beliefs for Successful and Healthy Aging*. Symposium presented at the Gerontological Society of America Conference, Boston, MA

Non-academic Talks

Cacace, S.C. & **Smith, E.L.** (2020, January). *Resolving needs: Predictors of time to resolution for military service members and veterans*. Presentation to the Fayetteville Roundtable, Fayetteville, NC.

Cacace, S.C. & **Smith, E.L.** (2020, January). *Resolving needs: Predictors of time to resolution for military service members and veterans*. North Carolina Governor's Working Group. Raleigh, NC.

Poster Presentations

- Daniel, C., Smith, E.L., Cacace, S.C., & Desmarais, S.L. (October, 2020). *Social Integration Counteracting the Negative Impacts of Combat Exposure on Quality of Life in Soldiers Post Deployment*. Presented at the Black Doctoral Network Conference.
- Sorensen, J.K., Lothary, A.F., Zhu, X., **Smith, E.L.**, Growney, C.M. & Neupert, S.D. (August, 2020). *Self-perceived Success on Cognitive Tasks with Impaired Older Adults*. Poster accepted to be presented at the Annual American Psychological Association Conference, Washington D.C.
- Cacace, S., **Smith, E.L.**, Frye, P., & Desmarais, S. (2020, May). *Internal strife: Self-stigma as a moderator between social integration and mental health in a military and veteran sample*. Poster presentation at the 2020 Association for Psychological Science Conference, Chicago, IL.
- Cacace, S., Smith, E., & Lefsaaker, C. (2020, May). *Resolving needs: Predictors of needs resolution in military service members and veterans*. Poster presentation at the 2020 Association for Psychological Science Conference, Chicago, IL.
- Growney, C.M., Sorensen, J.K., **Smith, E.L.**, Zhu, X., & Neupert, S.D (Poster to be presented April, 2020). Predictors of Costs Associated with Cognitive Engagement in a Cognitively Impaired Sample of Older Adults. Poster presented at the Cognitive Aging conference, Atlanta, GA.
- Zhu, X., Growney, C.M., Sorensen, J.K., **Smith, E.L.**, & Neupert, S.D (April, 2020). Play hard, think hard: within-person engagement in daily activities predicts cognitive motivation in cognitively impaired older adults. Poster presented at the Cognitive Aging conference, Atlanta, GA.
- Smith, E.L.**, & Neupert, S.D. (2018, August). *Delinquency and daily predictors of stressor exposure in emerging adulthood*. Presented at the American Psychological Association's Annual Convention. Washington, DC. San Francisco, CA.
- Anglis, E.M., **Smith, E.L.**, & Neupert, S. D. (2018, April). *The effects of delinquency on daily emotional reactivity to mindfulness errors*. Presented at the Carolina Psychology Conference. Buies Creek, NC
- Neupert, S.D., **Smith, E.L.**, Zhang, L., Schriefer, M., & Polk, M. (2018, May) *Intraindividual variability in device preference on naturalistic cognitive testing performance*. Presented at the Cognitive Aging Conference. Atlanta, GA.
- Sall, R.J., **Smith, E.L.**, Neupert, S.D., & Feng, J. (2018, May) *What can intraindividual variability teach us about dual-target visual search?* Presented at the Vision Sciences Society: Annual Meeting. St. Pete, FL.
- Smith, E.L.**, Neupert, S.D., & Bellintier, J. A. (2018, March). **Smith, E. L.**, Neupert, S. D., & Bellintier, J. A. (2017). *Emotional reactivity changes to forecasted and actual stressors surrounding the U.S. Presidential Election*. Presented at the Graduate Student Research Symposium, Raleigh, NC.
- Schriefer, M., **Smith, E.L.**, Neupert, S.D. (2017, November). *Personality matters more for proactive coping in older adults than in younger adults*. Presented at the State of North

Carolina Undergraduate Research and Creativity Symposium. Campbell University, Buies Creek, NC.

Neupert, S.D., Bellingtier, J.A., & **Smith, E.L.** (2017, August). *Anticipated and Actual Emotional Reactivity Changes Surrounding the Nov. 8 Election*. Presented at the American Psychological Association's Annual Convention. Washington, DC.

Neupert, S.D., Bellingtier, J. A., **Lefebvre, E.J.**, & Zhang, L.-R. (2017, July). *Daily mindfulness as a mediator of daily stressors and physical and mental health in older adults*. Presented at the International Association of Gerontology and Geriatrics 21st World Congress. San Francisco, CA.

Lefebvre, E.J., Zhang, L., & Neupert, S.D. (2016, November). *Marital Status Moderates Negative Affect of Older Adults When Facing Daily Network Stressors*. Presented at the 69th Annual Meeting of the Gerontological Society of America. New Orleans, LA.

Lundquist, A.R., **Lefebvre, E.J.**, & Garramone, S.J. (2014, March). *Smartphones: Fulfilling the need for immediacy in everyday life, but at what cost?* Presented at the 85th Annual Meeting of the Eastern Psychological Association. Boston, MA.

Workshops

Professional Development

North Carolina State University, Psychology Department

Introduction to Qualtrics

North Carolina State University, Psychology Department

Introduction to Amazon's Mechanical Turk (Mturk)

North Carolina State University, Psychology Department

Media

Violence Against Women Journal Twitter feature "Family and Community Approaches to Intimate Partner Violence: Restorative Programs in the United States" (October, 2020) twitter.com/VAWJournal.

WUNC North Carolina Public Radio "Maybe the Waste Will Save US" (August 11th, 2020) <https://www.wunc.org/post/maybe-waste-will-save-us>

BBC Article "Why making plans helps manage pandemic stress" (July 20th, 2020) <https://www.bbc.com/worklife/article/20200720-how-planning-helps-us-cope-with-uncertainty>

Allen-Eckard, K., Barker, J., Cacace, S., Desmarais, S., Evans, R., Hope, E., King, J., Lefebvre Smith, E., Light, A., Norwalk, K., & Pennell, J. (2019, November). CFACE updates newsletter. (J. Barker, Ed.). [Online Newsletter]. <http://www.cface.org/about/newsletter>

Research Projects

Current Projects

North Carolina Family Leadership Model: program evaluation

Center for Family and Community Engagement, Dr. Samantha Cacace

North Carolina Community Child Protection Team - State level annual report

Center for Family and Community Engagement
Stigma FDRP: Military Psychology, Military Behavioral Health
Center for Family and Community Engagement, Dr. Samantha Cacace
Military Health and Wellness Assessment
Center for Family and Community Engagement, Dr. Samantha Cacace

Civilian Perceptions of Military Service Members
Center for Family and Community Engagement, Dr. Samantha Cacace
North Carolina State Needs Assessment: Military Behavioral Health
Center for Family and Community Engagement, Dr. Samantha Cacace
COVID-19 Research Study

Georgia Institute of Technology and North Carolina State University, Dr. Ann Pearman, Dr. Shevaun Neupert, and MacKenzie Hughes, B.A.

Past Projects

National Portrait of Restorative Justice Approaches to Intimate Partner Violence
North Carolina State University, Dr. Joan Pennell, Sarah Desmarais, Dr. Gale Burford, Erika Sasson, and Hillary Packer

Election Stress Coping and Prevention Every Day
North Carolina State University, Dr. Shevaun Neupert

Daily Investigation of the Czech Election for President (DICE) study
North Carolina State University, Dr. Shevaun D. Neupert

Mindfulness and Anticipatory Coping Everyday study
North Carolina State University, Dr. Shevaun D. Neupert

Daily Stress and Racial Bias study
North Carolina State University, Allura Lothary, Grace Shaughnessy, and Dr. Shevaun Neupert

Grants

2020-2021	\$73,799	Co-PI Department of Health and Human Services
2020-2021	\$13,258	Co-PI United Way, Cyber Crime Victim Support Program Subcontract
2018-2020	\$67,661	Project Manager Community Child Protect Team Evaluation Subcontract awarded to the Center for Family and Community Engagement
2018-2019	\$4,000	Project Manager Faculty Research and Professional Development Grant awarded to Dr. Shevaun Neupert, North Carolina State University
2018	\$1,000	Project Manager International Research Travel Grant awarded to Dr. Shevaun Neupert, North Carolina State University

Scholarships and Awards

2019	Center for Family Community Engagement Award for Achievement and Excellence
2018	Department Nominee for the Graduate Student Research Symposium
2015	Summa Cum Laude
2011-2015	Institutional Honors
2011-2015	High Honors/Dean's Honors List recipient
2011-2015	Latin Honors recipient
2011-2015	Major Honors recipient of Psychology Department

Teaching

2021	Guest Lecturer – <i>Identity and Emotion in Leadership and Negotiation</i> North Carolina State University
2020	Guest Speaker – <i>Professional Development Considerations</i> North Carolina State University

Mentorship

2017-2020	Undergraduate Senior Mentor North Carolina State University, Psychology Department North Carolina State University, Center for Family and Community Engagement
2018-2020	New Graduate Student Mentor North Carolina State University, Psychology Department
2016-2017	Undergraduate Mentor North Carolina State University, Psychology Department

University Involvement

2017-2018	Lifespan Developmental Program Area Representative North Carolina State University's Graduate Association for Student in Psychology
2017-2018	Mentor Coordinator North Carolina State University, Department of Psychology

Professional Service

Pro Bono Consulting

Data collection, management, and utilization processes and practices for the Burlington Vermont Community Justice Center

Advisory Board Membership

North Carolina State Community Child Protect Teams

Ad Hoc Reviewer

Journal of Gerontology: Psychological Sciences
Frontiers in Psychology

Frontiers in Public Health
Current Psychology

Graduate Student Reviewer

Journal of Gerontology: Psychological Science
Frontiers in Applied Mathematics and Statistics
American-Psychology and Law Society
Anxiety Stress and Coping

Conference Program Coordinator Volunteer

American Psychological Association Annual Conference

Professional Development

2021 **Deeply Phenotyped Longitudinal Studies of Aging - NIA Workshop** (*invite only*)
2021 **SQL Essential Training - LinkedIn Learning**
2021 **R Essential Training - LinkedIn Learning**
2021 **Tableau Essential Training - LinkedIn Learning**
2020 **The State of Child Welfare - The American Professional Society on the Abuse of Children & Foundling Courses**
2020 **Open Source Intelligence (OSINT) Insiders Webinar Series - Authentic8**
2020 **Structural Equation Modeling Webinar - Curran-Bauer Analytics**
2020 **Data Management Workshop - Dr. Sam Cacace, North Carolina State University**
2018 **Qualitative Data Workshop - Dr. Elan Hope, North Carolina State University**
2017 **Multilevel Modeling Workshop - Dr. Shevaun Neupert, North Carolina State University**

Program Experience and Proficiencies

Mplus	SONA
Stata	Institutional Review Boards
SAS Analytics	Microsoft Suite
SSPS Statistical Analysis Software	Google Programs
Qualtrics	Moodle
Amazon's Mechanical Turk	Zoom

Professional Affiliations

2019- present	American Psychological Association – Division 19
2016- present	American Psychological Association – Division 7
2016- present	Gerontological Society of America
2016- present	American Psychology and Law
2014- present	Eastern Psychological Association
2013- present	Psi Chi Honor Society

2012- 2015

Utica College Psychology Society

References

Please contact me directly for references.

Phone: (413) 320-8882

Email: ejlefebv@ncsu.edu