

# Vanessa V. Volpe, PhD

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Applied developmental health psychologist

Director, Black Health Lab

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<https://sites.google.com/view/black-health-lab>

## PROFESSIONAL APPOINTMENTS & AFFILIATIONS

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2023-present	<b>Associate Professor with tenure</b> , Department of Psychology, NC State University, Raleigh, NC
2019-2023	<b>Assistant Professor</b> Department of Psychology, NC State University, Raleigh, NC
2019-present	<b>Diversity Scholar</b> , Social Sciences, National Center for Institutional Diversity, University of Michigan, Ann Arbor, MI
2017-2019	<b>Adjunct Fellow</b> , Penn Center for Public Health Initiatives, University of Pennsylvania, Philadelphia, PA
2016-2019	<b>Faculty Affiliate</b> , Parlee Center for Science and the Common Good, Ursinus College, Collegeville, PA
	<b>Faculty Affiliate</b> , African American and Africana Studies, Ursinus College, Collegeville, PA
2016-2019	<b>Assistant Professor</b> , Department of Psychology, Ursinus College, Collegeville, PA
2013-2015	<b>Consultant</b> , Play on Philly! & New Jersey Symphony Orchestra's Character, Achievement, & Music Programs
2012-2016	<b>Program Evaluator</b> , Chapel Hill - Carrboro City Schools, NC

## EDUCATION

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2016	<b>PhD, Psychology with a Quantitative Concentration</b> , University of North Carolina at Chapel Hill, Chapel Hill, NC
2013	<b>MA, Psychology</b> , University of North Carolina at Chapel Hill, Chapel Hill, NC
2011	<b>BS, Applied Psychology</b> , New York University, New York, NY

## FUNDING

### UNDER REVIEW

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2023	<b>National Institutes of Health</b> , R01 (\$3,340,314; PI) <i>Online Race-Related Stress Exposure on Social Media and Blood Pressure for Black Young Adults</i>
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### AWARDED

2023	<b>NC State University</b> , Data Science Academy Seed Grant (\$50,000; MPI) <i>Hidden Markov methodology for assessing racial stressors</i>
2023	<b>Emotional Well-Being &amp; Stress Measurement Network</b> , Emotional Well-Being & Health Data Analysis Award (\$10,000; Co-PI) <i>Linking State-Level Systemic Racism, Health Behaviors, and Obesity Risk among Black Adolescents using Administrative and Adolescent Brain and Cognitive Development Study Data</i>
2023	<b>University of California at Los Angeles</b> , Racial and Social Justice Seed Grant (\$30,000; Co-I) <i>Racial Self-Awareness: Development and Validation of a Racialized Stress Scale among Black Americans</i>
2022	<b>Center for Institutional Courage</b> , Research Grant (\$5,000; Co-I) <i>A Qualitative Exploration of Law Enforcement Practices and Norms that Foster Betrayal and Courage</i>
2022	<b>NC State University</b> , Proposal Preparation Program Grant (\$3,000; PI) <i>Acute Cardiac Dysregulation as a Mechanism of Online Racism and Persistent Cardiovascular Risk for Black Young Adults</i>
2021-2022	<b>Society for the Psychological Study of Social Issues</b> , Grants-in-Aid Program (\$2,000; PI) <i>Processes Linking Exposure to Intersectional Racism and Sexism with Emotional Eating for Black Young Adult Women</i>
2020-2022	<b>Society for Community Research and Action</b> , Research Scholars Program (\$2,500; PI) <i>Development and Assessment of a Black Community-Centered Coalition to Address the Health Threats of Online Structural Racism</i>
2020-2021	<b>NC State University</b> , Faculty Research & Professional Development Program (\$4,000; PI) <i>Feasibility of Ambulatory Psychophysiology for Charting Cardiovascular Risk from Racism</i>
2019-2020	<b>Association of American Medical Colleges</b> , Health Equity Call for Research (awarded data; Co-PI) <i>Examining State-Level Structural Racism and Sexism as Actionable Barriers to Equitable Health Care Access and Quality</i>
2019	<b>Pottstown Area Health &amp; Wellness Foundation</b> , Healthy Behaviors Stage 2 Grant (\$10,000; PI) <i>Culturally-Centered Obesity Prevention Program Design, Delivery, and Evaluation for Latinx Youth</i>
2018	<b>Ursinus College</b> U-Imagine Center for Integrative & Entrepreneurial Studies, Faculty Innovators Mini-Grant (\$1,000; PI) <i>Designing Health Behavior Change for College Campuses</i>
2017-2018	<b>Pennsylvania Consortium for the Liberal Arts</b> , Arthur Vining Davis Teaching & Learning Award (\$15,500; Co-PI) <i>Learning to Map Spaces of Belonging on a Liberal Arts Campus</i> <b>Project Pericles</b> , Periclean Faculty Leadership Program (\$3,000; PI) <i>Community Health and Civic Engagement</i>
2015-2016	<b>American Psychological Association</b> , Basic Psychological Science Research Grant (\$1,000; PI) <i>Efficacy of Coping with Racial Discrimination in the Short- and Long-term</i>
2015	<b>Active Minds &amp; The Steve Fund</b> , Emerging Scholars Fellowship Grant (\$1,250; PI) <i>Gender Differences in Coping, Depression, and Anxiety: African Americans' Responses to Racial Discrimination</i>

## FELLOWSHIPS & AWARDS

### FELLOWSHIPS AND TRAINING

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2023	Selected for the 23rd NIH Summer Institute on Randomized Behavioral Clinical Trials
2023	Selected for the NIH short course, ORBIT Institute: Developing Behavioral Treatments to Improve Health
2022	Early Career Member, NIH Social Psychology, Personality, and Interpersonal Processes Study Section
2021-2022	Trainee, Strategic Empowerment Tailored for Health Equity Investigators, National Mentoring Network
2021-2022	Michigan Integrative Well-being and Inequality (MIWI) Training Program, School of Public Health, University of Michigan
2019	Fellow, Center for Empowered Learning and Development with Technology, University of Southern California
2017	Health Disparities Research Institute Scholar, National Institute of Minority Health and Health Disparities
2015	Future Faculty Fellowship, UNC-Chapel Hill
2013	National Science Foundation Graduate Research Fellowship, Honorable Mention

**AWARDS**

- 2023 Early Career Professional Award, Cardiovascular Disease Special Interest Group, Society for Behavioral Medicine  
 2023 Outstanding Junior Faculty, College of Humanities and Social Sciences, NC State  
 2018 Travel Award, Conference for Pre-Tenure Women, Purdue University  
 2017 Travel Award, Society for Research in Child Development  
 2016 Bernadette Gray-Little Award for Outstanding Psychological Research that Enhances Diversity, UNC-Chapel Hill  
 2016 Psi Chi Outstanding Teaching Award, UNC-Chapel Hill  
 2016 Undergraduate Teaching Award, UNC-Chapel Hill  
 2016 Research poster selected for “Adolescents in Diverse Contexts” reception, Society for Research on Adolescence  
 2015 Research poster selected for “Focusing on the Strategic Plan” reception, Society for Research in Child Development

**PEER-REVIEWED PUBLICATIONS** \*Graduate Student Trainee; \*\*Undergraduate Student Trainee**Peer-Reviewed Journal Articles**

- 48 Merid, B., & Volpe, V. V. (2023). Race correction and algorithmic bias in atrial fibrillation wearable technologies. *Health Equity*, 7(1), 817-824. <https://doi.org/10.1089/heq.2023.0034>
- 47 Volpe, V. V., & Smith, N. A. (2023, in press). To social distance or to not social distance?: COVID-19 impact and safety profiles, social determinants, and mental health of Black Americans. *American Journal of Orthopsychiatry*.
- 46 Volpe, V. V., \*Ross, J. M., \*Collins, A., \*Spivey, B., Watson-Singleton, N. N., Goode, R., Hoggard, L. S., & Woods Giscombé, C. (2023). Gendered racial microaggressions and emotional eating for Black young adult women: The mediating roles of superwoman schema and self-compassion. *Psychology of Women Quarterly*. Advance online publication. <https://doi.org/10.1177/03616843231182913>
- 45 Volpe, V. V., \*\*Buhrman, G. W., \*\*Boaheng, P., \*\*Holliday, D., Nick, E., & Criss, S. (2023). “Speak[ing] my mind”: Reasons for using Twitter and the online experiences, critical media literacy, and racial identity of Black American emerging adults. *Journal of Media Psychology*. <https://doi.org/10.1027/1864-1105/a000387>
- 44 Volpe, V. V., \*Benson, G. P., \*Ross, J. M., \*Briggs, A. S., \*Mejía-Bradford, S. C., \*Alexander, A. R., & Hope, E. C. (2023). Finding the bright side: Positive online racial experiences, racial identity, and activism for Black young adults. *Computers in Human Behavior*. Advance online publication. <https://doi.org/10.1016/j.chb.2023.107738>
- 43 Volpe, V. V., \*Benson, G. P., & Keum, B. H.T. (2023). Tweet Stimuli Set for Content about Black People (TSS-CBP): Development and testing of stimuli to assess the impacts of online race-related content. *Current Psychology*. Advance online publication. <https://doi.org/10.1007/s12144-023-04471-x>
- 42 \*Ross, J. M., Hope, M., & Volpe, V. V. (2023). Intersections of racial-ethnic and religious identity on bodily well-being for Black emerging adults. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-023-01653-y>
- 41 Keum, B. T.-H., & Volpe, V. V. (2023). Resisting and countering online racial hate: Anti-racism advocacy and coping online with racism as moderators of distress associated with online racism. *Journal of Counseling Psychology*. Advance online publication. <https://doi.org/10.1037/cou0000674>
- 40 Nguyen, T. T., \*Yu, W., \*Merchant, J. S., Criss, S., Kennedy, C. J., \*Mane, H., \*Gowda, K., \*Kim, M., \*Belani, R., \*Blanco, C. F., \*Kalachagari, M., Yue, X., Volpe, V. V., Allen, A. M., \*Hswen, Y., & Nguyen, Q. C. (2023). Examining exposure to messaging, content, and hate speech from partisan news social media posts on racial and ethnic health disparities. *International Journal of Environmental Research and Public Health*, 20(4), 3230. <https://doi.org/10.3390/ijerph20043230>
- 39 Volpe, V. V., \*Benson, G. P., \*\*Czoty, L., & \*\*Daniel, C. (2022). Not just time on social media: Experiences of online racial/ethnic discrimination and worse sleep quality for Black, Latinx, Asian, and Multiracial young adults. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-022-01410-7>
- 38 Oh, H., Susser, E., Volpe, V. V., Lui, F., Besecker, M., Zhou, S., & Anglin, D. (2022). Psychotic experiences among Black college students in the United States: The role of economic strain and discrimination. *Schizophrenia Research*, 248, 198-205. <https://doi.org/10.1016/j.schres.2022.09.004>
- 37 \*Rahal, D., Kurtz-Costes, B., & Volpe, V. V. (accepted). Ethnic identity in Arab Americans: Gender, religious upbringing, and age differences. *Social Identities*. <https://doi.org/10.1080/13504630.2022.2110464>
- 36 Volpe, V. V., Hope, E. C., Mosley, D. V., \*Javidi, H., \*Sosoo, E., & \*Benson, G. P. (2022). How we get free: Graduate training as one opportunity for equitable participation and liberation. *Perspectives on Psychological Science*. Advance online publication. <https://doi.org/10.1177/17456916221096086>
- 35 \*Neukrug, H., \*Benson, G. P., \*\*Buhrman, G., & Volpe, V. V. (2022). Affect reactivity and lifetime racial discrimination: The role of coping for Black emerging adults. *American Journal of Orthopsychiatry*, 92(4), 516-528. <https://doi.org/10.1037/ort0000630>
- 34 \*Benson, G. P., & Volpe, V. V. (2022). Too manly and too straight? Perceived sexual orientation of Black and White men and women. *Journal of Homosexuality*. Advance online publication. <https://doi.org/10.1080/00918369.2022.2070445>
- 33 Volpe, V. V., Smith, N. A., Skinner, O. D., Lozada, F. T., Hope, E. C., & Del Toro, J. (2022). Centering the heterogeneity of Black adolescents' experiences: Guidance for within-group designs among African diasporic communities. *Journal of Research on Adolescence*. Advance online publication. <https://doi.org/10.1111/jora.12742>
- 32 Hoggard, L. S., Volpe, V. V., \*Hatton, V., \*Jones, S., \*Tikhonov, A., & \*\*Davis, S. (2022). “Now I just need something sweet”: Racism, emotional eating, and health among African Americans. *Social Science & Medicine*. Advance online publication. <https://doi.org/10.1016/j.socscimed.2022.114947>
- 31 Hope, E. C., Volpe, V. V., \*Briggs, A. S., & \*Benson, G. P. (2022). Anti-racism activism among Black adolescents and emerging adults: Understanding the roles of racism and anticipatory racism-related stress. *Child Development*, 93(3), 717-731. <https://doi.org/10.1111/cdev.13744>
- 30 Schorpp, K. M., Volpe, V. V., \*\*Hale, T., & \*\*Quartararo, D. (2021). State-level sexism and gender disparities in health care access and quality in the United States. *Journal of Health and Social Behavior*, 63(1), 2-18. <https://doi.org/10.1177/00221465211058153>
- 29 Schorpp, K. M., Volpe, V. V., & \*Neukrug, H. (2021). State-level sexism and women's health care access in the United States: Differences by race and ethnicity, 2014-2019. *American Journal of Public Health*, 111 (10), 1796-1805. <https://doi.org/10.2105/AJPH.2021.306455> Note: first and second authors contributed equally and are listed in alphabetical order.
- 28 Volpe, V. V., Hoggard, L. S., \*Willis, H. A., & Tynes, B. M. (2021). Anti-Black structural racism goes online: A conceptual model for racial health disparities research. *Ethnicity & Disease*, 31(Suppl 1), 311-318. <https://doi.org/10.18865/ed.31.S1.311>
- 27 Volpe, V. V., Schorpp, K., Cacace, S., \*Benson, G. P., & \*Banos, N. C. (2021). State- and provider-level racism and health care in the United States. *American Journal of Preventive Medicine*, 61(3), 338-347. <https://doi.org/10.1016/j.amepre.2021.03.008>
- 26 Volpe, V. V., Hoggard, L. S., Lipsey, N. P., & \*\*Kozak, N. U. (2021). Black-White racial disparities in COVID-19: Awareness and framing of decision-making rationales. *Stigma & Health*, 6(3), 263-271. <https://doi.org/10.1037/sah0000321>
- 25 Volpe, V. V., & \*\*Jones, B. (2021). “Enriching the Africana Soul”: Black college students' lived experiences in an affinity house at a predominately White institution. *Journal of Diversity in Higher Education*. Advance online publication. <https://doi.org/10.1037/dhe0000332>

- 24 \*\*Timmerman, J. R., & **Volpe, V. V.** (2021). Aspects of campus climate and mental health threats: The role of hypervigilance. *Journal of American College Health*. Advance online publication. <https://doi.org/10.1080/07448481.2021.1904954>
- 23 Hope, E. C., \*\*Brinkman, M., Hoggard, L. S., \*Stokes, M. N., \*Hatton, V., **Volpe, V. V.**, & \*Elliot, E. (2021). Black adolescents' anticipatory stress responses to multilevel racism: The role of racial identity. *American Journal of Orthopsychiatry*, 91(4), 487-498. <https://doi.org/10.1037/ort0000547>
- 22 **Volpe, V. V.**, Katsiaficas, D., & \*Neal, A. J. (2021). "Easier said than done": A qualitative investigation of Black emerging adults coping with multilevel racism. *Cultural Diversity and Ethnic Minority Psychology*, 27(3), 495-504. <https://doi.org/10.1037/cdp0000446>
- 21 **Volpe, V. V.**, \*Willis, H. A., \*Joseph, P., & Tynes, B. M. (2020). Liberatory media literacy as protective against trauma for emerging adults of color. *Journal of Traumatic Stress*, 34(5), 1045-1055. <https://doi.org/10.1002/jts.22640>
- 20 Adams, E. A., Kurtz-Costes, B., Hoffman, A. J., **Volpe, V. V.**, & Rowley, S. J. (2020). Longitudinal relations between skin tone and self-esteem in African American girls. *Developmental Psychology*, 56(12), 2322-2330. <https://doi.org/10.1037/dev0001123>
- 19 **Volpe, V. V.**, \*Dawson, D. N., Laurent, H. K. (2020). Gender discrimination and women's HPA activation to psychosocial stress during the postnatal period. *Journal of Health Psychology*, 27(2), 352-362. <https://doi.org/10.1177/1359105320953470>
- 18 **Volpe, V. V.**, Katsiaficas, D., \*Benson, G. P., & \*\*Zelaya Rivera, S. (2020). A mixed methods investigation of Black college-attending emerging adults' experiences with multilevel racism. *American Journal of Orthopsychiatry*, 90(6), 687-702. <https://doi.org/10.1037/ort0000503>
- 17 Bernard, D. L., Jones, S. C. T., & **Volpe, V. V.** (2020). Impostor phenomenon and psychological well-being: The moderating roles of John Henryism and school racial composition among Black college students. *Journal of Black Psychology*, 46(2-3), 195-227. <https://doi.org/10.1177/0095798420924529>
- 16 **Volpe, V. V.**, \*Dawson, D. N., \*Rahal, D., \*Wiley, K., & \*\*Vesslee, S. (2019). Bringing psychological science to bear on racial health disparities: The promise of centering Black health through a Critical Race framework. *Translational Issues in Psychological Science*, 5, 302-314. <https://doi.org/10.1037/tps0000205>
- 15 **Volpe, V. V.**, \*\*Beacham, A., & \*\*Olafunmiloye, O. (2019). Cognitive flexibility and the health of Black college-attending young adults experiencing interpersonal racial discrimination. *Journal of Health Psychology*, 26(8), 1132-1142. <https://doi.org/10.1177/1359105319869812>
- 14 **Volpe, V. V.**, Lee, D., Hoggard, L.S., & \*Rahal, D. (2019). Racial discrimination and acute physiological responses among Black young adults: The role of racial identity. *Journal of Adolescent Health*, 64, 179-185. <https://doi.org/10.1016/j.jadohealth.2018.09.004>
- 13 Hoggard, L. S., **Volpe, V. V.**, Thomas, A., Wallace, E., Jones, L., & Ellis, K. (2019). The role of emotional eating in the links between racial discrimination and physical and mental health. *Journal of Behavioral Medicine*, 42, 1091-1103. <https://doi.org/10.1007/s10865-019-00044-1>
- 12 \*Dawson, D. N., **Volpe, V. V.**, & Laurent, H. K. (2019). Synergistic effects of psychological IPV exposure and gender discrimination on postnatal mental health trajectories. *Journal of Interpersonal Violence*, 36(15-16), 8907-8932. <https://doi.org/10.1177/0886260519844274>
- 11 **Volpe, V. V.**, Holochwost, S., Cole, V., & Propper, C. (2019). Early growth in expressive communication and behavior problems: Differential relations by ethnicity. *Early Childhood Research Quarterly*, 47, 89-98. <https://doi.org/10.1016/j.ecresq.2018.10.002>
- 10 **Volpe, V. V.**, \*Rahal, D., \*\*Holmes, M., & \*\*Zelaya Rivera, S. (2018). Is hard work and high effort always healthy for Black college students? John Henryism in the face of racial discrimination. *Emerging Adulthood*, 8(3), 245-252. <https://doi.org/10.1177/2167696818804936>
- 9 Holochwost, S. J., **Volpe, V. V.**, Iruka, I.U., & Mills-Koonce, W. R. (2018). Maternal warmth, intrusiveness, and executive functions in early childhood: Tracing developmental processes among African American children. *Early Child Development and Care*, 190, 210-218. <https://doi.org/10.1080/03004430.2018.1461096>
- 8 Holochwost, S. J., **Volpe, V. V.**, Gueron-Sela, N., Propper, C.B., & Mills-Koonce, W.R. (2018). Sociodemographic risk, parenting, and inhibitory control in early childhood: The role of respiratory sinus arrhythmia. *Journal of Child Psychology and Psychiatry*, 59, 973-981. <https://doi.org/10.1111/jcpp.12889>
- 7 Katsiaficas, D., **Volpe, V. V.**, \*Raza, S., & \*Garcia, Y. (2017). The role of campus support, undocumented identity, and DACA on civic engagement for Latinx undocumented undergraduates. *Child Development*, 90, 790-807. <https://doi.org/10.1111/cdev.12933>
- 6 Holochwost, S. J., Propper, C. B., Wolf, D.P., Willoughby, M.T., Fisher, K. R., Kolacz, J., **Volpe, V. V.**, & Jaffee, S.R. (2017). Music education, academic achievement, & executive functions. *Psychology of Aesthetics, Creativity, and the Arts*, 11(2), 147-166. <https://doi.org/10.1037/aca0000112>
- 5 Shanahan, L., Schorpp, K., **Volpe, V. V.**, Linthicum, K., & Freeman, J. A. (2016). Developmental timing of suicide attempts and cardiovascular risk during young adulthood. *Health Psychology*, 35, 1135-1143. <https://doi.org/10.1037/hea0000373>
- 4 Freeman, J., Bauldry, S., **Volpe, V. V.**, Shanahan, M., & Shanahan, L. (2016). Sex differences in associations between subjective social status and C-reactive protein in young adults. *Psychosomatic Medicine*, 78, 542-551. <https://doi.org/10.1097/PSY.0000000000000309>
- 3 Holochwost, S. J., Gariepy, J. L., Propper, C. B., Gardner-Neblett, N., **Volpe, V. V.**, Neblett, E., & Mills-Koonce, W. R. (2016). Sociodemographic risk, parenting, and executive functions in early childhood: The role of ethnicity. *Early Childhood Research Quarterly*, 36, 537-549. <https://doi.org/10.1016/j.ecresq.2016.02.001>
- 2 Seaton, E. K., Upton, R.D., Gilbert, A.N., & **Volpe, V. V.** (2013). A moderated mediation model: Racial discrimination, coping strategies and racial identity among Black adolescents. *Child Development*, 85, 882-890. <https://doi.org/10.1111/cdev.12122>
- 1 Sirin, S.R., Katsiaficas, D., & **Volpe, V. V.** (2010). Identity mapping: Methodological implications for studying hyphenated selves. *International Society for the Study of Behavioural Development (ISSBD) Bulletin*, 2 (58), 22-26.

#### Manuscripts Under Review and Under Revision (8)

- Volpe, V. V.**, \*Collins, A. N., \*Ross, J. M., Ellis, K. R., Lewis, J. A., \*Ladd, B. A., & Fitzpatrick, S. L. (under review). Black young adult superwomen in the face of gendered racial microaggressions: Contextualizing challenges with acceptance and avoidance and emotional eating.
- Volpe, V. V.**, Thomas Tobin, C. S., Bernard, D. L., \*Benson, G. P., & \*Ross, J. M. (invited revise and resubmit). Awareness of Black-White disparities in health care access and self-rated health for Black and White Americans.
- Volpe, V. V.**, \*Collins, A. N., Zhou, E. S., Bernard, D. L., & Smith, N. A. (under review). Associations between exposure to online and offline gendered racial microaggressions and sleep quality for Black young adult women.
- Volpe, V. V.**, \*Ross, J. M., \*Holland, M. C., Hoggard, L. S., Skinner, O. D., Holochwost, S. J., & Hatton, V. L. (under review). How healthy is she? Perceptions of the physical health of Black women by skin tone and rater race.
- Bernard, D., Stone-Sabali, S., **Volpe, V. V.**, Matthews, I., & Smith, L. (under review). Campus racial climate and impostor phenomenon among Black college students: The mediating roles of social anxiety and self-esteem.
- Thomas Tobin, C., Gutierrez, A., **Volpe, V. V.**, Floyd James, K., Israel Cross, R., Robinson, M., Hargrove, T., & Thorpe, R. (under review). Life course determinants of racial identity: Implications for healthy aging among Black Americans.
- Skinner, O. D., Duckett, J., \* **Volpe, V. V.**, Smith, N. A., & McHale, S. M. (invited revise and resubmit). "Actually, I don't do different": Black American parents' perception of gender socialization with sons versus daughters.
- Holochwost, S. J., **Volpe, V. V.**, Propper, C. B., Mills-Koonce, W. R., Brown, E. D., & Jaffee, S. R. (invited revise and resubmit). Allostatic load in childhood, adolescence, and young adulthood: Are assumptions of measurement invariance warranted? Note: first and second authors contributed equally and are listed in alphabetical order.

## PUBLIC SCHOLARSHIP, TALKS, AND POLICY

### Public Scholarship

- Crenshaw, J., Collins, A., Laddu, D., & **Volpe, V. V.** (forthcoming). 7 Tips for changing behavior to help improve your cardiovascular health. *Healthy Living Article* (health information for lay audiences).
- Doyle, C., Laddu, D., & **Volpe, V. V.** (forthcoming). *How your wearable can help you maintain a healthy heart rate*. *Healthy Living Article* (health information for lay audiences). <https://www.sbm.org/healthy-living/how-your-wearable-can-help-you-maintain-a-healthy-heart-rate>
- Hardt, M., Collins, A., **Volpe, V. V.**, Busch, A., & Vela, A. (2023, June 5). *Does mental health affect heart problems?* *Healthy Living Article* (health information for lay audiences). <https://www.sbm.org/healthy-living/does-mental-health-affect-heart-problems>
- Nishimuta, K. A., Collins, A., Volpe, V. V., Hardt, M., & Gaffey, A. (2023, June 8). *How stress affects your heart*. *Healthy Living Article* (health information for lay audiences). <https://www.sbm.org/healthy-living/how-stress-affects-your-heart>

### Scientific Talks for Lay Audiences

- Volpe, V. V.** (2023, April). When social inequity gets under the skin: Anti-Black racism and heart health. Science by the Slice - a hybrid monthly talk held in Research Triangle Park. Created and co-hosted by Sigma Xi, American Scientist, and Science Communicators of North Carolina. *Science by the Slice is free and open to science journalists and science communicators of all stripes, as well as any interested members of the public. It is a monthly series in which local scientists to talk about research in a relaxed setting with the public.*

### Policy Briefs

- Schorpp Rapp, K., **Volpe, V. V.**, Hale, T. L., & Quartararo, D. F. (2022). State-level sexism and gender disparities in health care access and quality in the United States. *Journal of Health and Social Behavior Policy Brief*, 63(1). <https://doi.org/10.1177/00221465211073836>

## PROFESSIONAL PRESENTATIONS \*Graduate Student Trainee; \*\*Undergraduate Student Trainee

### Selected Peer-Reviewed Presentations

- Volpe, V. V.**, Ross, J. M., & Collins, A. (2023). *Processes linking contextualized stress and emotional eating for Black young adult women: The roles of superwoman schema and self-compassion*. Paper presented in symposium "Advancing health equity: Stress and health behaviors for Black populations from an adaptive strengths-based perspective." Society for Behavioral Medicine Conference. Phoenix, AZ.
- Volpe, V. V.**, \*Ross, J. M., & \*Benson, G. P. (2022). *Online gendered racial discrimination, coping appraisals, and mental health among Black young adult women*. Paper presented at International Conference on Social Stress Research. Savannah, GA.
- Volpe, V. V.**, Hope, E. C., \*Benson, G. P., \*Ross, J. M., & \*Meija Bradford, S. (2022). Associations between profiles of positive online racial identity experiences and engagement in activism for Black emerging adults. Paper presented at Society for the Psychological Study of Social Issues. San Juan, Puerto Rico.
- \*Ross, J. M., Hope, M. O., & **Volpe, V. V.** (2022). Intersections of racial/ethnic and religious identity on bodily well-being for Black emerging adults. Paper presented at Society for Psychological Study of Social Issues. San Juan, Puerto Rico.
- Holochwost, S. J., **Volpe, V. V.**, Propper, C. B., Mills-Koonce, W. R., & Jaffee, S. R. (2021). *A developmental perspective on allostatic load*. Paper presented at International Society for Developmental Psychobiology. Chicago, IL.
- Volpe, V. V.**, \*Benson, G. P., \*\*Czoty, L., & \*\*Daniel, C. (2021). *Online racial/ethnic discrimination and sleep quality: An important context for sleep health interventions for young adults of color*. Poster presented at Interdisciplinary Association for Population Health Sciences. Baltimore, MD.
- Volpe, V. V.** (2021). *Coping to preserve physical health in the face of racism for Black young adults: What are we measuring and does it matter?* Paper presented in Symposium "Black youth coping with racism and preserving wellbeing: Revisiting measurement and broadening definitions." Society for Community Research and Action Conference. Virtual meeting.
- \*Neukrug, H., & **Volpe, V. V.** (2021). *Convening a Community Advisory Board (CAB) to promote racial equity*. Society for Community Research and Action Conference. Virtual Meeting.
- \*Benson, G. P., \*\*Frazier, A., & **Volpe, V. V.** (2021). *Too manly and too straight?: Perceived sexual orientation of Black and White men and women*. Poster presented at National LGBTQ Health conference. Virtual meeting.
- \*Benson, G. P., \*Banos, N., & **Volpe, V. V.** (2020). *Perceived hypermasculinity of Black individuals*. Poster accepted at Society for the Psychological Study of Social Issues conference. Denver, CO. (conference canceled)
- \*Banos, N., \*Benson, G. P., & **Volpe, V. V.** (2020). *Characteristics of men's claims of gender discrimination*. Poster accepted at Society for the Psychological Study of Social Issues conference. Denver, CO. (conference canceled)
- \*Benson, G. P., \*Banos, N., & **Volpe, V. V.** (2019). *"I honestly just kept my head up high": Coping with worst experiences of racism*. Paper presented at Southeastern Ecological Community Psychology conference. Columbia, SC.
- Volpe, V. V.**, Bagley, E., \*\*Timmerman, J., \*\*Jones, B., Harris, J., Hurley, P. (2019). *Perceptions of college climate and emerging adult health: Valuation and hypervigilance as one underlying process*. Paper presented at the Society for the Study of Emerging Adulthood conference. Toronto, Canada.
- Volpe, V. V.**, Katsiaficas, D., \*Benson, G. P., & \*\*Zelaya Rivera, S. N. (2019). *"I know that I belong here": A mixed methods investigation of combating multilevel racism in college*. In Symposium "Understanding the college transition among ethnic minority students – Evidence from multiple contexts." Paper presented at the American Psychological Association conference. Chicago, IL.
- Volpe, V. V.**, \*\*Gainey, A., & \*\*Beacham, A. (2019). Secondary traumatic stress as a lens to understand vicarious online discrimination among diverse late adolescents. In Symposium "Online Discrimination and Adolescent Development: Better Understanding Mechanisms of Influence and Opportunities for Intervention." Paper presented at the Society for Research in Child Development conference. Baltimore, MD.
- \*Smith, B., Schrimshaw, E., Bagley, E., & **Volpe, V. V.** (2019). *Interactions between academic belongingness and resilience for college students of color*. Poster presented at the Society for the Study of Emerging Adulthood conference. Toronto, Canada.
- Bagley, E., **Volpe, V. V.**, \*\*Urian, B., \*\*Brint, M., Harris, J., & Hurley, P. (2019). *Belonging on campus: Where you come from matters*. Poster presented at the Society for the Study of Emerging Adulthood conference. Toronto, Canada.
- Bagley, E., **Volpe, V. V.**, Harris, J., & Hurley, P. (2019). *Students studying belongingness through interdisciplinary mixed methods*. Poster presented at the National Institute on the Teaching of Psychology conference. St. Pete Beach, FL.
- \*\*Jones, B., & **Volpe, V. V.** (2018). *The lived experiences of Black students on predominantly White campuses: The role of special interest housing*. Poster presented at the Society for Research on Adolescence conference. Minneapolis, MN.
- \*\*Beacham, A., \*\*Olafunmiloye, O., & **Volpe, V. V.** (2018). *The limits of cognitive flexibility as a coping mechanism for racial discrimination*. Paper presentation at the University of Illinois at Chicago School of Public Health's Minority Health conference Chicago, IL.
- \*\*Olafunmiloye, O., & **Volpe, V. V.** (2018). *Examining how social barriers shape physical barriers to healthcare within the Black community*. Poster presented at the American Psychosomatic Society conference. Louisville, KY.
- \*\*Farrell, E., \*\*Novak, C., & **Volpe, V. V.** (2017). *The impact of spiritual coping and private regard on heart rate during recovery from racial stress*. Poster presented at the American Psychological Association conference. Washington, D.C.
- Volpe, V. V.**, & \*\*Novak, C. (2017). Joint influences of identity and active coping on RSA during racial discrimination stress for Black young adults. Poster presented at the American Psychosomatic Society conference. Sevilla, Spain.

- \*Rahal, D., Kurtz-Costes, B., & **Volpe, V. V.** (2017). *A retrospective study on the impact of 9/11 on Arab sense of belonging and identity today*. Poster presented at the Society for Research in Child Development conference. Austin, TX.
- \*Rahal, D., Kurtz-Costes, B., & **Volpe, V. V.** (2017). *A measure of Arab racial/ethnic identity and differences found by racial identification, gender, and religion*. Poster presented at the Society for Research in Child Development conference. Austin, TX.
- Volpe, V. V.**, \*Rahal, D., & Holochwost, S. (2017). *Stress and coping revisited: The racial discrimination to health process for Black adolescents and respiratory sinus arrhythmia*. Poster presented at the Society for Research in Child Development conference. Austin, TX.
- Volpe, V. V.**, Kurtz-Costes, B., & Rowley, S. (2017). *A longitudinal examination of African American adolescents' friendships, racial socialization and parents' racial attitudes*. Poster presented at the 2017 Society for Research in Child Development conference. Austin, TX.
- Volpe, V. V.**, \*\*Biggers, S., & \*\*Desai, P. (2016). *Spiritual coping to reduce psychosomatic symptoms for Black adolescents: The role of respiratory sinus arrhythmia*. Poster presented at the Society for Research on Adolescence Conference. Baltimore, MD.
- \*\*Edmonds, E., & **Volpe, V. V.** (2016). *Active coping with racial discrimination: Reducing depressive symptoms among Black college students*. Poster presented at the University of Michigan's Depression on College Campuses conference Ann Arbor, MI.
- Volpe, V. V.**, Hoffman, A. J., & Kurtz-Costes, B. (2015). *Children's experiences of racial discrimination and parents' race centrality influence subsequent racial socialization of Black adolescents*. In Symposium "African Americans' Race-Related Experiences across the Lifespan: Contributions of Gender and Context." Poster presented at the Society for Research in Child Development conference. Philadelphia, PA.
- Volpe, V. V.**, Shanahan, L., Brown, A., Gangel, M., Kolacz, J., Oberlin, D., Zmijewski, S., Keane, S., Calkins, S., & Wideman, L. (2015). *Negative emotionality during childhood and unhealthy behaviors during mid-adolescence*. Poster presented at the Society for Research in Child Development conference. Philadelphia, PA.
- Shanahan, L., Schorpp, K. M., & **Volpe, V. V.** (2015). *Adolescent-onset suicidality is associated with elevated C-reactive protein in males during young adulthood*. Poster presented at the Society for Research in Child Development conference. Philadelphia, PA.
- Kolacz, J., Nehler, C., Garipey, J. L., **Volpe, V. V.**, & Hill-Soderlund, A. (2015). *Cortisol-sAA asymmetry: Associations with negative emotions and internalizing/externalizing problems in early childhood*. Poster presented at the Society for Research in Child Development conference. Philadelphia, PA.
- Holochwost, S. J., Wolf, D. P., Propper, C. B., Fisher, K. F., Kolacz, J., & **Volpe, V. V.** (2015). *Music education, academic achievement, & executive functions: The results of an experimental evaluation of a Sistema-inspired music education program*. Paper presented at the American Evaluation Association conference. Chicago, IL.
- Adams, E.A., **Volpe, V. V.**, Kurtz-Costes, B., & Rowley, S.J. (2013). *The longitudinal influence of skin tone and racial socialization messages on peer discrimination distress in African American adolescents*. Paper presented at the Society for Research in Child Development conference. Seattle, Washington.
- Sirin, S.R., Katsiaficas, D., Suarez-Orozco, C., & **Volpe, V. V.** (2011). *Acculturative stress, support networks, and psychological outcomes: A moderated meditation model to understand the immigrant paradox*. Paper presented at the Society for Research in Child Development conference. Montreal, Quebec, Canada.
- Branson, C. E., **Volpe, V. V.**, Herman, L., & Clemmey, P. (2010). *Gender, social support, and HIV risk behaviors among adolescents receiving substance abuse services*. Poster presented at the American Psychological Association conference. San Diego, CA.

#### Chaired Symposia & Symposia Discussant

- Volpe, V. V.** (2023, April, Chair). *We are not monoliths: Honoring complexity and valuing within-group variability among groups of marginalized youth as an equity imperative*. Chair and designer of invited paper symposium. Society for Research on Adolescence conference. San Diego, CA.
- Volpe, V. V.** (2023, April, Chair). *Advancing health equity: Stress and health behaviors for Black populations from an adaptive strengths-based perspective*. Society for Behavioral Medicine Conference. Phoenix, AZ.
- Volpe, V. V.** (2021, Discussant). *Emotions so White: De-centering Whiteness in emotion research*. Emotion Pre-Conference, Society for Research in Child Development. Virtual meeting.
- Volpe, V. V.** (2019, Discussant). *The role of faculty: Supporting the mental health of students of color*. Steve Fund's Young, Gifted, and @ Risk Symposium. Georgetown University, Washington, DC.
- Volpe, V. V.** (2018, Chair). *Approaches to promote new understandings of experiences of marginalization for diverse adolescents and emerging adults*. Society for Research on Adolescence conference. Minneapolis, MN.
- Volpe, V. V.** (2017, Discussant). *What are safe spaces anyway?* Steve Fund's Young, Gifted, and @ Risk Symposium. University of Pennsylvania, Philadelphia, PA.

#### Invited Talks & Workshops

- Volpe, V. V.** (2023, November). *Early phase intervention development with the ORBIT model for behavioral interventions*. Social and Behavioral Health Group, North Carolina State University. Raleigh, NC.
- Volpe, V. V.** (2023, November). *Managing and staffing your lab*. Workshop for Michigan Integrative Well-Being and Inequality Institute, University of Michigan. Virtual.
- Volpe, V. V.** (2023, April). *We are not monoliths: Honoring complexity and valuing within-group variability among groups of marginalized youth as an equity imperative*. Chair and designer of invited paper symposium. Society for Research on Adolescence conference. San Diego, CA.
- Volpe, V. V.** (2023, March). *Anti-Black structural online racism, threats to health, and opportunities for resistance*. Community Psychology Speaker Series, Department of Psychology, University of Virginia.
- Volpe, V. V.** (2023, March). *Is everybody free? The biopsychosocial effects of misogynoir and its implications for health equity*. Psychology Seminar, Department of Psychology, UNC-Greensboro. Greensboro, NC.
- Volpe, V. V.** (2022, November). *Online experiences and health for Black young adults: The good, the bad, and the developmental*. Developmental Psychology Lunch Seminar, Department of Psychology, UNC-Chapel Hill. Chapel Hill, NC.
- Volpe, V. V.** (2022, January). *Structural online anti-Black racism*. Berkman Klein Center for Internet & Society, Race+Tech+Media Working Group. Harvard University. Boston, MA.
- Volpe, V. V.** (2021, May). *Health equity and power: Misogynoir and Black women's health*. Society for Health Psychology (APA Division 38). Virtual.
- Volpe, V. V.** (2021, March). *Black children and families: Racism and adaptive cultures*. Department of Maternal & Child Health, Gillings School of Global Public Health, UNC-Chapel Hill. Virtual.
- Volpe, V. V.** (2021, March). *Liberatory media literacy*. Annenberg School of Communication and Journalism, University of Southern California. Virtual.
- Volpe, V. V.** (2020, December). *Some "new" guidelines for an equitable psychological science*. Proseminar in Diversity & Inequality, University of California at Riverside. Virtual.
- Volpe, V. V.** (2020, November). *Frontiers in structural racism research for a public psychology of health equity*. Carolina Consortium for Human Development, University of North Carolina at Chapel Hill. Virtual.
- Volpe, V. V.** (2020, July). *Racism and mental health*. Healthy Capital District Initiative (public health organization). Albany, NY. Virtual.

- Volpe, V. V.** (2019, October). *An introduction to Critical Race Theory (and its implications) for clinical psychologists*. Diversity Journal Club, Clinical Psychology Lunch Series, Department of Psychology, UNC-Chapel Hill. Chapel Hill, NC.
- Volpe, V. V.** (2019, October). *Multilevel, strengths-based, and critical approaches for Black health*. Developmental Psychology Lunch Seminar, Department of Psychology, UNC-Chapel Hill. Chapel Hill, NC.
- Volpe, V. V.** (2018). *Rethinking health disparities through a critical health psychology service-learning lens*. Philadelphia Higher Education Network for Neighborhood Development. Philadelphia, PA.
- Volpe, V.V.** (2015, November). *Thriving in a multicultural world*. Steve Fund's Young, Gifted, and @ Risk Symposium. Stanford University School of Medicine. Stanford, CA.

## TEACHING

### Graduate Courses

Research Methods, NC State University  
 Health Psychology, NC State University  
 Health Disparities and Health Equity, NC State University  
 Quantitative Methods in Psychology II (Regression), NC State University  
 Statistical Methods in Psychology I & II, Graduate Teaching Assistant, UNC-Chapel Hill

### Undergraduate Courses

Health Psychology, Ursinus College and NC State University  
 Advanced Research Methods in Health Psychology, Ursinus College  
 Psychological Experience of Illness, Ursinus College  
 Health Beliefs and Behavior Change, Ursinus College  
 Minority Health and Health Disparities, Ursinus College  
 Child Development, UNC-Chapel Hill and Guilford College  
 Lifespan Development, Ursinus College  
 Introduction to Psychology, Graduate Teaching Assistant, UNC-Chapel Hill  
 Research Methods in Psychology, Graduate Teaching Assistant, UNC-Chapel Hill  
 Statistical Principles of Psychological Research, Graduate Teaching Assistant, UNC-Chapel Hill

### Recent Guest Lectures

Spring 2021 *Considerations for Research with Members of Marginalized Racial/Ethnic Groups*. Class: Research Methods (graduate), NC State  
 Fall 2019 *Community Based Participatory Research*. Class: Community Psychology (graduate), NC State  
 Fall 2019 *Racism and Health*. Class: Health Psychology (undergraduate), NC State  
 Fall 2019 *(Racial) Prejudice and Discrimination...and Racism*. Class: Social Psychology (undergraduate), NC State

## STUDENT MENTORSHIP

### Dissertation & Preliminary Exam Committees - Chair

2021-2023 G. Perusi Benson, Department of Psychology, NC State University  
 2019-2020 Noely Banos, Department of Psychology, NC State University

### Dissertation & Preliminary Exam Committees - Member

2023-present Sasha Mejía-Bradford, Interdisciplinary Studies & Human Development, Graduate School of Education, University of Pennsylvania  
 2023-present Jordyn McCrimmon, Department of Psychology, NC State University  
 2021-2023 Alexis Briggs, Department of Psychology, NC State University  
 2021-2023 Dong-Jae Yi, College of Design, NC State University  
 2020-2022 Victoria Dunsmore, Department of Psychology, NC State University  
 2020-2022 Hannah Javidi, Department of Psychology, NC State University  
 2020-2021 McKenzie Stokes, Department of Psychology, NC State University

### Second Year Project & Master's Thesis Committees

2024 Julia Ross (Chair), Department of Psychology, NC State University  
 2024 Abbey Collins (Chair), Department of Psychology, NC State University  
 2023 Jeff Hurst, Department of Psychology, NC State University  
 2021 G. Perusi Benson (Chair), Department of Psychology, NC State University  
 2021 Alexis Briggs, Department of Psychology, NC State University  
 2020 Hannah Javidi, Department of Psychology, NC State University

### Other Doctoral Student Mentorship

2023-present Ore Badejoh (Primary mentor)  
 2023-present Melissa Holland (Primary mentor)  
 2020-2021 Hannah Neukrug (Primary mentor)

### Research Assistants / Individual Study in Psychology Supervision

#### NC State University

Camrynn Cutchin	Julia Loudd	Aysia Slade
Kalin Bennington	Lavae Hylton	Christian Carter
Carinah Townsend	Javairia Haq	Paula Amezquita
Gayathri Ramanathan	Ariana Frazier	Kaelah Avery
Daija Holliday	Graham Buhrman	Anna Goodnight
Faisa Aden	Larsan Czoty	Kayla Wilmot
Leo Lopez	Jasmine Smith	Shezre Khan
Priscilla Boaheng	Christiana Daniel	Sivani Pillutl
Eiman Azam	Marriah Decosta	

**Ursinus College**

Bryanna Jones  
 Susana Zelaya Rivera  
 Temi Olafunmiloye  
 Alexa Beacham  
 Athena Gainey  
 Indira Joell  
 Jasmine Rivera

Erin Farrell  
 Joanna Timmerman  
 Courtney Novak  
 Kai Hardy  
 Esther Lawson-John  
 Abbygail Jean  
 Alonzo Elias

Salone Singh  
 Carly Gartenberg  
 John Thomas  
 Siannah Vesslee  
 Stephanie Guzman

**UNC-Chapel Hill**

Erin Edmonds  
 Jaslyn Piggott  
 MK McKinney  
 Katharine Bailey  
 Amber Boone  
 Barry Wallace  
 Danny Rahal  
 Kenya Lee  
 Rachel Uri

Ronnie Armstrong  
 Simone Biggers  
 Kaitlin Duren  
 Keadija Wiley  
 Melissa Holmes  
 Priya Desai  
 Virmaliz Jimenez  
 Zahra Mohseni  
 Nupur Jain

Hafsah Tauseef  
 Mark Patricio Castillo  
 Whitney Adams  
 Nia Davis  
 Kimberly Williams  
 Jasmin Brooks  
 Atiyah Hamilton-Barlow

**Undergraduate Honors Thesis & Summer Fellows Research Supervision**

2021-2022	Graham Buhman, NC State, <i>Everyday experiences and health outcomes of Black adults on social media</i>
2018-2019	Alexa Beacham, Ursinus College, <i>Physician racial color blind attitudes, sexual orientation blind attitudes, and the quality of patient treatment</i>
2018	Susana Zelaya Rivera, Ursinus College, <i>Meta-analysis of the association between stigma and mental health for people of color</i>
2017	Siannah Vesslee, Ursinus College, <i>Racial discrimination and mental health outcomes in immigrants of color: A meta-analysis</i>
	Bryanna Jones, Ursinus College, <i>The impact of special interest housing on the wellbeing of Black students</i>
	Temi Olafunmiloye, Ursinus College, <i>Examining barriers to healthcare within the Black community</i>
2016-2017	Jasmine Rivera, Ursinus College, <i>Body-shaming and policing of Black women</i>
	Rachel Uri, UNC-Chapel Hill, <i>Respiratory sinus arrhythmia and heart rate reactivity moderate the relationship between racial discrimination and anxiety</i>
2015-2016	Danny Rahal, UNC-Chapel Hill, <i>Arab American identity and preference for non-ethnic names</i>
2012-2013	Whitney Adams, UNC-Chapel Hill, <i>Success with adolescent girls</i>

**Undergraduate Advising**

2020-present	2 interdisciplinary majors: Public Health: Health Equity Promotion, Global Public Health and Social Sciences; NC State
2018-2019	3 self-initiated majors: Culture and Health Studies, Health Policy and Ethics Public Health; Ursinus College
2017-2019	Cohort of 26 psychology advisees, Ursinus College

**PROFESSIONAL SERVICE****Service to the Profession & Field**

2022-present	Anti-Racism Task Force, Society for Research on Adolescence (2 <sup>nd</sup> term)
2022-present	Awards Subcommittee, Society for Behavioral Medicine, Health Equity Special Interest Group
2022	Senior Mentor, Undergraduate Scholars Program, Society for Research on Adolescence
2021-2022	Mentor, Horowitz Early Scholars Program, Society for Research in Child Development
2020-2022	Anti-Racism Task Force, Society for Research on Adolescence
2018-2019	Planning Committee, 2019 International Society for the Study of Emerging Adulthood Conference, Toronto, Canada
2017-2018	Membership Committee, Society for Health Psychology (APA Division 38)
2016	Junior Mentor, Young Scholars Program, Society for Research on Adolescence

**Service to the University, College, & Department**

2022-present	Member, Faculty Mentoring Committee, Department of Psychology, NC State University
2022	Member, Faculty Search Committee, Department of Psychology, NC State University
2021-present	Diversity Action Committee, College of Humanities and Social Sciences, NC State University
	Awards Committee, Department of Psychology, NC State University
2021	Reviewer, Merit Scholarships, College of Humanities and Social Sciences, NC State University
	Speaker, Graduate Student Orientation, Department of Psychology, NC State University
2020-2022	Advisor, Graduate Student White Anti-Racism Caucus group, Applied Social and Community Psychology, Department of Psychology, NC State University
	Equity and Justice Committee, Department of Psychology, NC State University
2020-2021	Coordinator, Course and Syllabi Review Process, Applied Social and Community Psychology, Department of Psychology, NC State University
2020-present	Coordinator, Applied Social and Community Psychology Graduate Student Travel Awards, Department of Psychology, NC State University
2020	Speaker, Academic Packways event, The Graduate School, NC State University
	Speaker, Creating Safe, Secure, and Intelligent Systems Panel, Connect: A Series of Research Power Hours, Office of Undergraduate Research, NC State University
	Speaker, <i>Messages about racial health disparities in COVID-19</i> , Community Conversations Town Hall, Office of Diversity and Inclusion, College of Agriculture and Life Sciences, NC State University
2019	Speaker, "Chew and Chat" with first-year undergraduate students in Exploratory Studies
	Coordinator, Visit NC Program (prospective graduate student recruitment program), The Graduate School, NC State University
2018-2019	Steering Committee, Parlee Center for Science and the Common Good, Ursinus College
	First Generation Working Group, Ursinus College
2018	Speaker, <i>Complicating health: Conversations among the social sciences</i> , Summer Fellows Symposium, Ursinus College

2017-2019	Diversity Committee, Ursinus College Advisory Committee, Gender Women & Sexuality Studies, Ursinus College
2017	Advisory Committee, President's Campus Climate and Inclusion Initiatives, Ursinus College Speaker, <i>Racial health disparities</i> , Minority Association of Pre-Medical Students, Ursinus College Speaker, <i>Vocation</i> , Chaplains' Office, Ursinus College
2015-2016	Graduate Student Mentor, Graduate and Professional Student Federation Mentorship Program, UNC-Chapel Hill Engagement Facilitator, Office of Men of Color Engagement, UNC-Chapel Hill
2015	Presenter, "First Look" STEM Outreach Program, UNC-Chapel Hill
2014-2015	Skills Facilitator, Buckley Public Service Scholars, Carolina Center for Public Service, UNC-Chapel Hill

### Community Service, Engagement, & Extension

2021-2023	(yearly) Speaker, "Let's Talk Grad School: Interview Prep Workshop" for Prospective PhD Psychology Students (virtual)
2020-2022	Attendance at Crosby-Garfield Community Advocacy Group (CAG) meetings, Wake County, NC
2020	Provision of Website Services to Enhance Organizational Capacity, PRIME (Partnerships in Research Integration, Mentoring and Education) Collective, LLC, Raleigh, NC Hosted Black Health Lab virtual "Open House"
2017-2018	Educational Programming and Health Workshop Leader, Latin American Community Action of Montgomery County Family Center, Norristown, PA
2017	Special Awards Judge, Montgomery County Science Research Competition, Collegeville, PA
2016	Workshop Leader, Women in STEM, St. Mary Academy - Bay View, Riverside, RI
2015	Mentor, Careers in Psychology Program, Upward Bound
2014-2016	Community Workshops Co-Facilitator, Parent University, Chapel Hill / Carrboro City School District
2012	Workshop Leader, Women in STEM, St. Mary Academy - Bay View, Riverside, RI

### Grant, Journal, & Conference Review Service

#### Ad hoc Journal Reviewer

American Psychologist	Cyberpsychology
Proceedings of the National Academy of Sciences	Social Media and Society
Health Psychology	Journal of Psychopathology and Clinical Sciences
Annals of Behavioral Medicine	Journal of Clinical Child and Adolescent Psychology
Psychosomatic Medicine	Journal of Diversity in Higher Education
Journal of Clinical and Translational Science	Child Development
Journal of the National Medical Association	Emerging Adulthood
Cultural Diversity & Ethnic Minority Psychology	Journal of Research on Adolescence
Journal of Health and Social Behavior	Journal of Adolescent Research
LGBT Health	Current Psychology
Journal of Immigrant and Minority Health	Journal of Personal and Social Relationships
American Journal of Community Psychology	Journal of Educational Psychology
American Journal of Orthopsychiatry	Cognitive Development
Psychology of Women Quarterly	Aging and Mental Health
Journal of Black Psychology	Clinical Psychological Science
Race and Social Problems	Research in Human Development
Advances in Health Sciences Education	Child and Youth Services Review
Canadian Journal of Behavioral Science	American Educational Research Journal

#### Grant & Award Reviewer

National Institutes of Health, Social Psychology, Personality, and Interpersonal Processes Study Section  
National Science Foundation  
Racial and Social Justice Mini-Grants, Council on Cultural, Ethnic, and Racial Affairs, Society for Community Research and Action  
Student Research Grant, Society for Health Psychology (APA Division 38)  
Conference Awards, Society for the Study of Emerging Adulthood  
Basic Psychological Science Grant, American Psychological Association  
Emerging Scholars Fellowship, Active Minds

#### Conference Submission Reviewer

2022	Interdisciplinary Association for Population Health Sciences
2022	Society for the Psychological Study of Social Issues
2022	Diversity, Equity, and Social Justice Panel, Society for Research in Child Development
2021	Interdisciplinary Association for Population Health Sciences
2021	Cultural, Inequality, and Intersectionality Panel, Society for Research on Adolescence
2021	Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45)
2020	American Psychological Association
2018	Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45)
2017	Cultural Processes Panel, Society for Research on Adolescence Society for the Psychological Study of Social Issues
2016	Race, Ethnicity, Culture, and Context Review Panel, Society for Research in Child Development

### MEDIA COVERAGE

- Peake, T. (2021, August). "Podcast: Healthcare Inequity." **Audio Abstract Podcast**. Retrieved from <https://news.ncsu.edu/podcast/podcast-healthcare-inequity/>
- Newsome, M. (2021, June). "News about racial violence harms Black people's mental health." **Scientific American**. Retrieved from <https://www.scientificamerican.com/article/news-about-racial-violence-harms-black-peoples-mental-health/>
- Luiggi-Hernández, J. G. (2020, January). "How to change psychology to address racial health disparities." **Mad in America: Science, Psychiatry, and Social Justice**. Retrieved from <https://www.madinamerica.com/2020/01/change-psychology-address-racial-health-disparities/>



- Ordway, D.-M. (2017, September). "DACA, the DREAM Act and undocumented immigrants: A primer for journalists." **The Journalist's Resource**. Retrieved from <https://journalistsresource.org/economics/daca-deferred-action-undocumented-immigrants-research/>
- Rosenfeld, J. (2019, December). "Racism is a public health crisis." **Medium**. Retrieved from <https://elemental.medium.com/racism-is-a-public-health-crisis-536de02166c2>
- Saunders, C. (2020, August). "Rethinking race in health: An NC State psychologist calls for her field to acknowledge how racism affects health disparities." **The Brickyard**.
- Shipman, M. (2021, June). "Study highlights racial inequity in health care access, quality." **NC State News**. Retrieved from <https://news.ncsu.edu/2021/06/racial-inequity-in-health-care/>
- Shipman, M. (2021, May). "Can racial identity protect Black teens from racism-related stress? It's Complicated." **NC State News**. Retrieved from <https://news.ncsu.edu/2021/05/identity-and-racism-related-stress/>
- Shipman, M. (2019, December). "Psychology researchers call for changes to better address racial health disparities." **NC State News** and **The National Tribune**. Retrieved from <https://news.ncsu.edu/2019/12/psychology-racial-health-disparities/> and <https://www.nationaltribune.com.au/psychology-researchers-call-for-changes-to-better-address-racial-health-disparities/>
- Ursinus College. (2017, August). "2016-2017 Year in Review. Vanessa Volpe." **Ursinus College Magazine**. Retrieved from <https://www.ursinus.edu/live/profiles/3428-vanessa-volpe/support-uc/annual-report/profiles17>

## MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS

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Interdisciplinary Association for Population Health Sciences; Society for Behavioral Medicine; Society for the Psychological Study of Social Issues (APA Division 8); Society for the Psychological Study of Culture, Ethnicity, and Race (APA Division 45); Society for Research on Adolescence; Society for Media Psychology and Technology (APA Division 46)